RS. 1.50

Eve's Weekly

HAPPY
NEW YEAR!

WOMEN'S
GROUPS
N DELHI—
lans
or '78

ASHION:
Watching
he Trend
or '78

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Make-up base,
Cream for prevention
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which is
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The secret of
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E.S. Patanwala
BOMBAY

UTTARA ASHA COORLAWALA

Born in Hyderabad and educated in Bombay and the United States, Asha has studied dance at the much acclaimed Martha Graham School and under stalwarts at the Dance Theatre of Harlem, the Julliard and Merce Cunningham schools and other professional dance studios.

Now in India for two years, as a Homi Bhabha Fellow, Uttara Asha Coorlawala is interested in studying classical dance techniques.

In her performances in India, Asha wishes to bring to the notice of dance lovers a variety of styles and creative attitudes which are currently reflected on the contemporary international dance scene.

After her two year stint in India she plans to return to New York and pursue a career as a solo dancer.

Read more about Asha on page 7.

Photograph : Farokh Reporter

VOL. XXXII NO. 1 BOMBAY

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this week

POSSIBILITIES FOR INVOLVEMENT

Several women's groups have sprung up all over the country in recent years — some big and well-known, others small and unsung. Each of them presents an opportunity for involvement in a worthy cause. Beginning this week with Delhi, we take a look at women's organisations in various cities and the work they are doing, especially their focus for '78.

Page 8.

WATCHING THE TREND FOR '78

Each year brings with it a fresh wave of fads and fashions. It's anybody's guess what will catch on this year, but trend-watchers and fashion designers tend to have an edge over everybody else.

Page 16.

PERSONALITY

There's more to Mrs. Charan Singh then being the Home Minister's wife. Gayatri Devi, often affectionately known as "Mataji," is a strong political force in her own right and comes through as a dynamic personality.

Page 13.

HUMAN INTEREST STORY

Mr. & Mrs. Moniz are both physically handicapped, but they have overcome their handicap and, admirably, set out to help others in distress : they are managing a school for mentally retarded boys.

Page 34.

ALSO

Eve Today: Uttara Asha Coorlawala, who brings us modern dance — **Page 7.** Fashionable footwear from Calcutta — **Page 20.** The film world : a round-up of 1977 — **Page 37.**

REGULAR FEATURES

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Pikart-RS-1

Do you have anything to say? Then say it here. We pay Rs. 25, 15 and 10 for the three best letters.

1st prize

MESSAGE FOR MANKIND

"So many gods, so many creeds,

So many paths that wind and wind.

While just the art of being kind,

Is all the sad world needs."

I believe that Mother Teresa is the person, in whose life these lines have found their real significance.

Recently I had the good fortune to meet her, and I cherish the unique experience. The Tollygunj Club had arranged a children's party at the Club premises, to entertain Mother Teresa's slum children. The children came from different slums and were more than two thousand in number. They were obviously very poor, but not at all dirty or unclean. It was a delight to behold the happiness and the whole-hearted enjoyment of those deprived children.

But the most blissful moment came, when Mother Teresa herself dropped in for a while to join the children. With her soft and unassuming smile, kind eyes, and charming behaviour totally devoid of self-consciousness, she seemed to be love personified.

Wishing to convey my very deep feelings towards her, I said to her, "Mother, we are all grateful to you because you are the embodiment of what we all want to be, and cannot. You are love incarnate." She smiled her charming smile and answered, "God bless you my dear, but remember, love is a very infectious thing; love begets love." And I think this is her message for mankind.

Mrs. A. P. Gangoli, Calcutta

Indeed it is. And we pass this message on to our readers to ponder upon and nurture, with this our first issue of the New Year. It is this very philosophy we attempted to convey in our Special Issue of May 7, '77 — The Many Faces of Love — which had Mother Teresa on the Cover.

2nd prize

PROBLEMS AND PRIORITIES

Between Prohibition and Urine Therapy, the common man is going to the dogs. The dogs have never had it so good! Even human beings, nowadays, are sharing their life.

While our people hunger for two square meals a day, our Government talk of Total Prohibition, Ram Rajya and "Indriya Nigraha" If dowry cannot be abolished by legislation, can one hope that it will solve the problem of people drinking too much? Even if it does solve it, is it the problem No. 1 facing this country?

If a Government cannot tell its people when to get themselves sterilized, certainly, it cannot tell them when and what to eat and drink. It's an equally personal matter. There are numerous problems and stupendous tasks facing us, like illiteracy, health, poverty and population explosion. I should think the first priority is: control of runaway prices, and providing employment to all.

Kamlesh Vaid, Nasik

The Prime Minister is committed to Total Prohibition and he will never give up the idea. It is rather a laudable project, in many ways, but we do emphatically agree that other pressing problems of the country deserve far greater concentration.

3rd prize

UNDER-ESTIMATION

"An exalted view of self-esteem is a man's most admirable quality." So said the well-known philosopher-writer Ayn Rand. This idea about self-esteem is in contrast to the accepted notion of humility being the symbol of greatness. And certainly a conventional society will find it hard to digest the philosophy of egotism and boastfulness. But is it not a fact that for an individual to be able to achieve something noble, he should possess a high degree of self-respect? A person who considers himself the lowest and the most helpless creature will only remain so. Why should a capable person humble himself in front of the world? When he does so, he does not realise that he is losing a part of himself, that he is becoming a less capable person because of his eagerness to show that he is the most humble being. Why this hypocrisy? Why cannot a person feel proud to be a unique individual, unlike many others with his own strength and convictions? Undue humility is actually an enemy of man in his path of progress.

Padma Shandas, Bangalore

Dignity and self-respect are one thing; conceit and boastfulness quite another. Humility is one of the nicest of virtues and a "successful yet humble" man will always score over a "successful but conceited" one.

UNTOUCHABLE FOOD

During the recent spate of rains here, my maid servant's house had completely collapsed and she was left stranded. The Government had ordered closure of all schools, so that people who had lost their homes could take shelter in them until something permanent was done for them. Coming late to work one day, she begged me to give her coffee quickly, as she was famished and had not had a morsel to eat since the previous day's lunch which I'd given her. I told her to go to the nearest municipal had arranged for meals to be served to all the helpless refugees. Her answer to this shocked me. She said, "I know the Government is trying to be very helpful, but how can I eat the food cooked by Harijans?" No amount of argument could convince her that all human beings were equal. She practically remained without food till she could move to another house and cook her own meals.

V. Venkatesan, Madras

You might have tried to convince her by accompanying her to the school and eating the food cooked by Harijans. Seeing you do so would surely have converted her views. Why don't you try it next time?

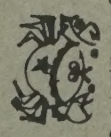
K. H. Shroff

For January 7 — January 13

ARIES (March 21 — April 19) Surprise call to handle important business or return to a former job. Luck in gambling and contests. Disappointment in personal affairs. Favourable days:- 7-10.

TAURUS (April 20 — May 21) Love comes to stay. 10th and 11th quarrelsome days. Care in traffic and short trips. Favourable days:- 8-9.

GEMINI (May 22 — June 21) You will thrive and feel important in your circle. Hazard of over-reaching yourself. Favourable days:- 10-11.

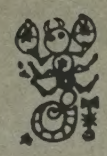


CANCER (June 22 — July 22) Careful in big financial ventures. Sudden surprising improvement in present position. Let bygones be bygones in family disputes. Move to new home or added comforts. Favourable days:- 12-13.

LEO (July 23 — Aug. 23) Overwhelming desire for commanding position. Be careful about separative influence among relatives. Success in correspondence and overseas matters. Favourable days:- 7-8.

VIRGO (Aug. 24 — Sept. 22) Creative writers and artists are emotionally stirred. Regular basic income augmented. Response to unrequited love. Favourable days:- All days.

LIBRA (Sept. 23 — Oct. 22) Favoured in love, home, career, cash. You'll steer clear of difficulties. Favourable days:- 10-11.



SCORPIO (Oct. 23 — Nov. 22) Formidable opponents to overcome. Be straightforward in presenting your views. Favourable days: 12-13.

SAGITTARIUS Nov. 23—Dec. 21) Your imagination finds great stimulation for outstanding success. Invigorating days for those connected with film, travelling and fashion shows. Favourable days: All days.

CAPRICORN (Dec. 22-Jan. 19) Capricornians attract people of extraordinary ability who contribute to their success. Enhanced prestige. Very auspicious week for financial and family affairs. Favourable days: All days.

AQUARIUS (Jan. 20 — Feb. 19) The stars are all poised to shine softly on everything to do with amour. Jupiter promises benefits to your unconventional performance. Do not overplay or dominate. Favourable days: 7-11.

PISCES (Feb. 20 — March 20) Stars are not with you and you may be carried away by sentiment. Pay attention to reason and facts. Be realistic. Favourable days: 8-9.

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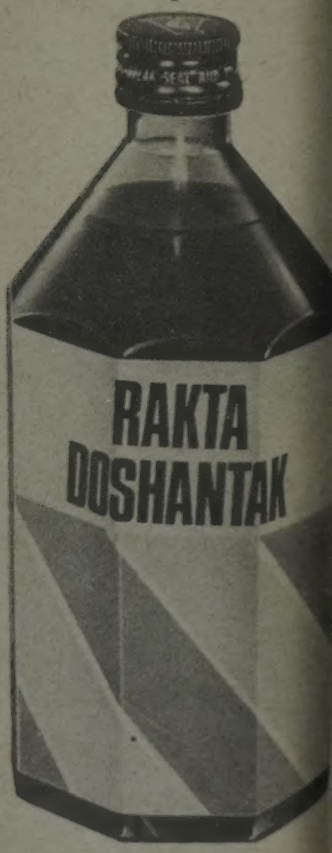

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UTTARA ASHA COORLAWALA:

Introducing Modern Dance

Dance has many faces and the genre known as modern dance has many more. We in India have associated modern dance with the legendary figure of Martha Graham. When she performed in Bombay two decades ago or a little earlier, dance in the United States was coming of age. Martha Graham was a rebel and a revolutionary. Having had her training from Ruth St. Denis and Ted Shawn, the architects of dance in America, she charted her own path and blazed a trail all her own. With the contractions and the release, the rise and the fall, she created a vocabulary that expressed through bodily expressions something so vital and primitive that it looked entirely different from "dancing on the points."

Little did one realise then that after nearly two decades, a slip of a girl from Bombay would go to a citadel in the United States and learn from Martha Graham's school the technique which is now acclaimed as "Graham School" all over the world. Asha Coorlawala has never looked back since that very first visit of hers to the States, when she went under the scheme of international living, and studied with single-minded devotion at the feet of this, one of the greatest figures in the world of dance.

The hard training in various dance companies and under various choreographers, has made Asha a fine dancer, willing to perform any chores associated with the performance. I, myself, have seen her wiping the floor before the programme, arranging the lights, playing the recorder, putting on make-up all by herself, ironing her costumes, removing stage props, and then performing with ease. It is hard work. It is a life that demands a hundred per cent professional attitude.

Uttara was the name given to her by a Swamiji, which Asha accepted with faith and sincerity when she took to meditation and moved into an ashram right in the heart of New York. The term Uttara stands for an answer and also means "later part of one's life." It is the name of a princess from the Mahabharatha. Uttara — an answer — an appropriate name for Asha. With her exemplary dedication and complete sincerity, Uttara Asha Coorlawala may well be an answer to the needs of the contemporary dance situation in India. She is interested in studying the classical dance techniques and wishes to explore the possibilities of evolving a pleasant blend of two techniques, not so much as a novelty, but as a synthesis, using the instrument — the body — to express the feelings and the emotions near to our day-to-day life and experiences in modern times. She does not wish to interpret them through mythological stories as is attempted in classical Indian dance.

Born in Hyderabad and educated in Bombay and the United States (Smith College, Massachusetts); Asha studied dance, winning scholarships in the States at the Martha Graham School. She extended her training by studying under stalwarts at the Dance Theatre of Harlem, the Julliard and the Merce Cunningham schools and also studied at the Alvin Ailey, Finis Jhung and other professional dance studios.

Since 1971, when Asha was awarded the John D. Rockefeller 3rd Fund Fellowship, she has been performing in the Pearl Lang, the Ballet Hispanico and other companies. She taught for five years at the Spence School, New York, developing it's dance programme. She has also taught at the North Carolina School for the Arts, the Repertory Dance Theatre of Utah Summer Workshop, and the Virginia Beach Academy of Classical Ballet.

Asha formed her own dance company, called Mandala, and toured India in 1973 and 1974. Presently she is a Homi Bhabha Fellow and is busy studying classical Indian dance traditions. She is studying Bharata Natyam under Kadirvelu. She hopes to incorporate her current research into modern choreography.

Asha will be in India for two years. During her stay, the United States Information Service has arranged few solo performances by her at various centres. In these programmes, Asha plans to present items choreographed by prominent young choreographers on the New York dance scene. She wishes to bring to the notice of dance lovers a variety of styles and creative attitudes which are currently reflected on the contemporary international dance scene. It ranges from a "Chairpiece", choreographed by Gary Davis, to the loud exuberance of "Just for the heck of it", choreographed by Leslie Innis. Asha will also present her own work, like "Amrit" and "Puri Night", in which she has blended the modern dance technique and classical Indian dance. She has also used classical Indian instrumental music.

When I met her recently, she said that she does not wish to start a school in India. She wishes to learn a lot instead. She also has plans for a career as a solo dancer. To support oneself in New York, one has to teach and perform. She was offered the job of teaching at her own Alma Mater, the Martha Graham School. She plans to return to New York after the Homi Bhabha Fellowship is over and launch on a career as a solo dancer.

Sunil Kothari

POSSIBILITIES FOR INVOLVEMENT

Pushpa Hans

Ours is a country where contradictions thrive and nowhere is this more obvious than when we look at our women. We have progressive and intelligent women on the one hand, but on the other hand we have the mass of our women, who are, for no fault of their own, among the most backward. Social taboos and age-old traditions about the role of women, as well as the denial of adequate opportunities, has for a long time prevented any change in their status. But a new picture is beginning to emerge now. With some (too little) progressive social legislation, the impact on their lives of education and training, their growing role in public life and gainful economic activity, there is evidence of some socio-economic transformation in the lives of Indian women. As a result, the educated urban Indian woman is now more determined to participate in the decision-making process — both within and outside home.

But about 70 per cent of our population lives in the villages. The women there suffer from poverty, lack of basic services like health, housing, sanitation and education. In order to wage a constant war on want and oppression, help is required, not only at the government level, but also by enlightened, emancipated women themselves. Government efforts are not going to be sufficient—the full involvement of all voluntary institutions, the active participation of women themselves is absolutely essential.

Many Indian women in the urban areas are becoming conscious of the plight of their oppressed sisters and are trying to do something for them through voluntary as well as public organisations. This kind of activity also helps them to find and keep their own new-found identities. Efforts are being made by several welfare organisations (big and small) to provide social aids, such as creches and daycare centres, consumer co-operatives and self-employment facilities. These public and voluntary organisations are trying to play a positive and concrete role in the education and the uplift of women — to make them realise their social status, to live cleaner, healthier, more meaningful lives, to enjoy their rights and to derive the benefits due to them.

It is in this context and so that more and more women may become aware of possibilities for involvement in a worthy effort, that we have listed below a large number of women's organisations in Delhi. (Information about activities in other cities will appear in subsequent issues.) Since the number is very large indeed a few may have been left out — but, nonetheless, their efforts are as much appreciated as the ones mentioned. These organisations are doing commendable work for the uplift of women and are trying to eradicate some of the socio-economic evils prevailing in our society.

THE GRAMEEN MAHILA SANGH

Though not a very large organisation, this is no longer an unfamiliar one. It has become synonymous with welfare work in rural areas. A large number of welfare programmes are already under way in nine villages around Delhi, and the work will be intensified in 1978. They run creches, **balwaris**, craft classes and adult education classes. Also, talks on family welfare and planning programmes are given regularly, on a motivational basis. The Sangh has set up knitting machines, sewing centres and **masala** centres in Shahdara and Tiharpur and it is trying to open more such centres in 1978. One of the workers said that they get full support from the villages but that the paucity of funds does not enable them to do all that they want to do. In 1978, they will try to raise more funds for more intensive field work.

THE WAR WIDOWS' ASSOCIATION

It was formed after the 1965 war with Pakistan. After the 1971 war, the Association was reactivated with the help of dedicated workers who thought that the best homage the nation could pay to those who sacrificed their lives for the country was to look after the rehabilitation of their families. Jobs were arranged by the Association for the educated widows in the cities. Consumer gas agencies were granted. For the wives of the **jawans**, craft and educational centres were set up so that they could learn and earn at the same time. Several widows were remarried after suitable matches were arranged by the Association and many more such marriages will be arranged in the coming year. The future programme includes the construction of Shaheed Bhawan, the land for which has already been granted by the Delhi Development Authority. It will have a three-storeyed hostel block for about 50 widows. The hostel will be for the convenience of those working widows and their families who are in need of temporary accommodation in the capital. There will also be a museum, a library and an auditorium. The auditorium will be extensively used to exhibit products from the widows' training centre.

ASSOCIATION OF MEDICAL WOMEN IN INDIA

This association wants to intensify its efforts in the coming year, to see that medical aid can reach women and children even in the remotest of villages. They provide a link between medical women of India and medical women throughout the world, through affiliations to medical women's international associations. One of the things they are putting on their future programme is a look into the basic medical education of Indian women, especially the rural women.

CHANAKYAPURI LADIES' ASSOCIATION

This group comprises officers' wives residing in Chanakyapuri. They run a Homeopathic dispensary which helps the servants' families. They are also running a recreation club where the servants' children listen to music and are taught games like hockey and cricket. They would like to have a bigger centre in 1978 to enable the women to learn crafts and earn a little pocket-money.

BAP-NA-GHAR

This is an association affiliated to the All India Women's Confer-

ence. It has worked tirelessly for the uplift of distressed women. Their main area of work is with the problems of marriage, dowry, divorce etc. They are constantly working and will, in 1978, continue in their endeavour to make more women more conscious of their social and legal rights.

INDIAN FEDERATION OF BUSINESS AND PROFESSIONAL WOMEN

This group helps with vocational guidance to women. One of their projects is conducting classes in non-traditional career trends and crafts. One of their main aims is to provide accommodation and flats for working women. The D.D.A. has has already sanctioned the land and 1978 will see the emergence of multi-storeyed blocks of flats.

SHILP BHARATI

Shilp Bharati plans to have more classes in vocational training. Classes already being conducted are in dance, music, ceramics, pottery and dramatics.

THE INDIAN WOMEN'S LEAGUE FOR PEACE & FRIENDSHIP

Constituted 15 years ago, their main aim is to work for universal disarmament and the abolition of violent means for the settlement of conflicts. They will continue their efforts in the coming year, contributing their bit in the effort to keep the world free from wars, factions and violence. They have also been doing a lot of work against the dowry system and have rescued many a socially oppressed woman. If the need arises, they provide help and legal aid.

A survey of women's groups yields ideas for active participation in women's welfare work. This week the focus is on Delhi

THE YOUNG WOMEN'S CHRISTIAN ASSOCIATION

Their main project in 1978 is to open a Family Service Centre or a Coordination Centre. It is designed to ensure that the projects scattered in the villages are interwoven with the socio-economic fabric of the country — for which purpose there has to be a meeting place, a coordinating centre. The coordinating centre will pay special attention to tapping local resources from each village. Besides kindergarten classes and adult literacy classes, mothers in the villages will be given the know-how on sanitation, nutrition and basic health needs. The centre will also help their development as persons. The promotion of local industries will also release the villages from total dependence on agriculture and this will, therefore, receive attention. The Y.W.C.A. is already running a working women's hostel for lower-income women and a consumer co-operative for readymades.

THE CHATRAWAS ARYA VIDYA MANDIR

This organisation looks after 150 orphan girls, with grants from philanthropists of the capital. Their expenses of food, residence and education are met by their managing committee. After the Higher Secondary Examination, these girls are provided with vocational training such as nursery school teaching and nursing. For those who do not want a career, suitable marriages are arranged. The institution hopes to continue with their efforts in the coming year.

DELHI SOCIAL WELFARE ADVISORY BOARD

This is a government sponsored body, set up to coordinate the activities of all voluntary organisations and to initiate welfare programmes based on "felt needs," with special reference to women and children. Sixteen welfare centres are running activities for women in villages around Delhi and many more such centres are planned in the future. Twenty-six different units of ready-made garments, printing presses, knitting centres and craft centres have been sanctioned under the socio-economic programme. There are also five dairy units. They run 40 creches for the convenience of working and ailing mothers. The Board also renders assistance in times of national calamities, like floods, droughts and the recent cyclone havoc in Andhra Pradesh.

THE WOMEN'S VOLUNTARY SERVICE

This group has as its chief aim to make young women independent in various fields. They run courses in canteen management, so that women can look after canteens in forward areas during the war. The W.V.S. also gives training in civil defence and first aid. Karate and Judo classes are also conducted. It is their endeavour to train the maximum number of women to be able to do jobs in various fields and to see that their involvement in their jobs is thorough. At present, W.V.S. is actively engaged in collecting cash and clothing for the victims of the Andhra Pradesh cyclone.

THE ASSOCIATION FOR SOCIAL HEALTH

This association has rescued many a woman from immoral traffic. They have been constantly mobilising public co-operation against the oppression of women. The organisation has helped these women to start life afresh through institutional and non-institutional services. The Institute helps with a counselling service to those who need help in the area of family living. They plan, in 1978, to carry on with their efforts to bring hope and happiness to many an oppressed woman.

MUTUAL AID SOCIETY

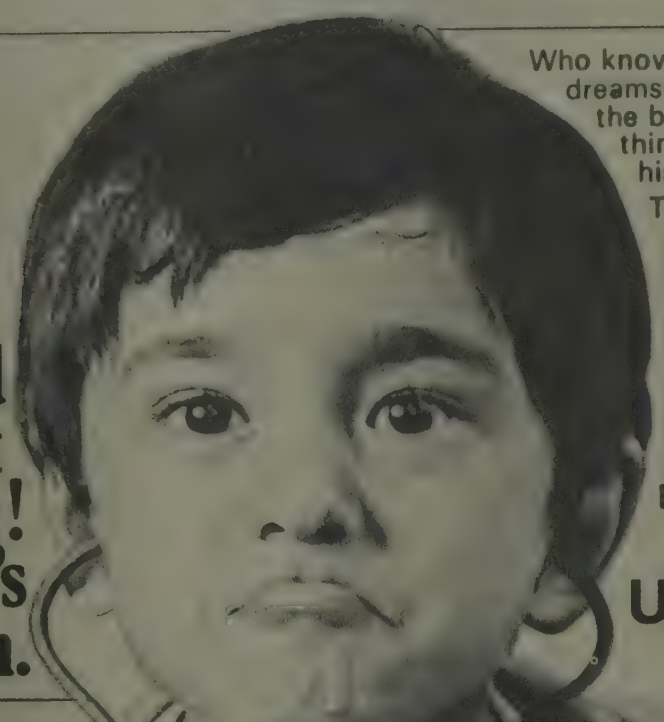
This society wants to zip up their plans for vocational centres in the coming year. Already, they have centres for adult literacy, balwaris, and courses in dance, music and other crafts.

THE ALL INDIA WOMEN'S CONFERENCE

This is the biggest women's organisation in India, with branches all over the country. The plans of the A.I.W.C. for 1978 include propaganda and education of the masses, with special emphasis on the family's part in child education. They are also going to double their efforts in caring for destitute children. A number of creches are being planned and they are going to intensify self-employment schemes. They are setting up some model self-sufficient villages — and their new five-storeyed building will be completed, providing hostel facilities for working women. It will also have work centres and education centres. The A.I.W.C. is also trying to publish the book "Women Know Your Rights" in several regional languages. Also in their plans for 1978 are management courses for housewives.

1978 is the International Children's Year. It is important that their mothers, who have to look after them, to educate them and to help them, find their "place in the sun."

CHILD SPECIALIST !



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History is repeating itself where **Satyajit Ray** is concerned. This veteran world famous director has run into trouble once again with the release of his film. Long years ago, when Ray was yet an unknown name in the world of films, he was forced to struggle with all he had against the most forbidding

odds to get his "Pather Panchali" made and released. Today, the reputation for good cinema that he has built for himself should have made it easy for him to break into new preserves. But it is not to be so. The conquest of the Hindi cinema by Ray, which most people thought would be the easiest conquest ever effected, seems to a near impossibility now. Ray's much publisicised labour of love, his first directorial venture in Hindi, "Shatranj Ke Khilari' has been blocked from release by distributors who have chickened out at the fact that the film has none of the prerequisites of a popular formula film. And unless Ray takes some steps to help the film, chances are it will be restricted to Delhi-U.P., Rajasthan, Mysore and Tamil Nadu circuits only.

Ray himself, if reports are to be believed, is not very optimistic, despite his past experiences about the fate of his films. The blockade has "disturbed him deeply." Perhaps unnecessarily. For once the film is screened at the London Film Festival and earns rave reviews, as all his films are wont to do, then the Indian distributors might wake up to their folly.

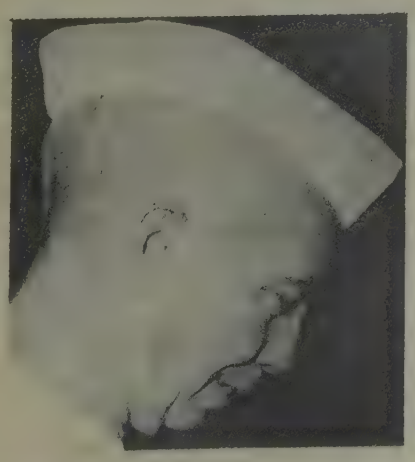
* * *

For the second time in recent years, India as a topic has helped a writer win the coveted Booker Prize for Writing. Writer **Paul Scott** who was awarded the Prize for 1977 recently, won it for his book, "Staying On", which is a novel dealing with a British army colonel and his wife who choose to remain in India even after Independence. Earlier, in 1976, Mrs. Ruth Praver Jhabvala bagged the prize for "Heat and Dust" which also dealt with Britishers in India.

Paul Scott has always had a soft spot for this country as a theme for his writing. His earlier books on India, titled the "Raj Quartet", were also widely acclaimed. The love affair with India paid off in his case too: the Booker Prize carries with it the Award as well as a cheque for £5,000. Looking at this new growing tradition in British writing, it seems as though the British have yet to get India out of their minds.

* * *

Most people have this feeling about **Charan Singh**, that he is a man different from most other men. . . straight forward, fearless, incorruptible. Now, Charan Singh himself has proved that he is also a minister different from other ministers. Charan Singh is probably the only minister who firmly keeps away from



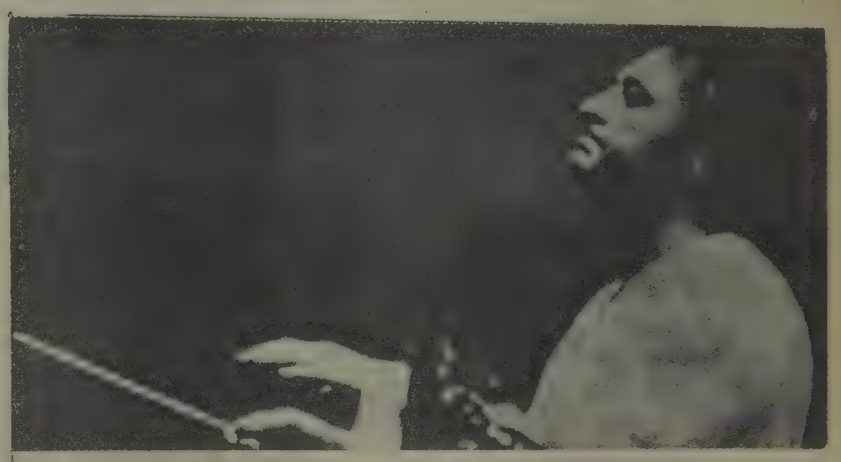
the radio and the television set. He has never in the recent past tuned on the AIR news and has stuck to this self-imposed 'ban' even after he became the Home Minister. Not that he does not like news, he is only averse to listening to it over the AIR. The 'ban' also extends to other news broadcasts, from the BBC and the VOA. Besides all this, the Home Minister might be the only minister who has refused the privilege of having a television set allotted to him as part of his ministerial rights. Fortunately for AIR's pride, Mr. Charan Singh is not entirely averse to listening to accounts of the news relayed by it. . . he listens to a re-rendering of the news as told to him by his grandchildren. And that too, only because he wishes to keep himself informed about what is in the air.

* * *

The Government of India has nothing against India-born, United States-based musician and conductor, **Zubin Mehta**. It only objects to the company he is presently keeping. According to Mr. Vajpayee, External Affairs minister, Zubin Mehta's connections with his All-Israeli orchestra are an affair that concerns India very much indeed. Thus, while Mr. Mehta is welcome to India and will be greeted with courtesy on his visit to his homeland, he will have to come without his orchestra. Of course, this is not the government's final view on the matter. If the Congress party for example, decided to unanimously support the Israeli orchestra's visit, then the matter would be reconsidered. Otherwise, the composer will have to come alone, and search out an Indian orchestra temporarily, if he wishes to give any performances during his visit here.

* * *

After a gruelling match described as "a dog-fight to the end", **Michael Ferreira** of India managed to win the World Amateur Billiards Championship and emerge as the Champion for the year. However, the tough battle that it was, Mike Ferriera won by a very narrow margin indeed, amassing a lead of a mere 119 points. Indeed it was a close victory, and Ferreira was all praise for his opponent Bob Close who, he stated was "a courageous player above reproach." The tougher the fight the sweeter the victory. By winning this championship this year, Ferreira has won for India the title she had lost 13 years ago when the two-year reign of Wilson Jones as World Amateur Champ ended.



Forty year old Vallahacherulu, the school headmaster in Bhavadevarapalli village, was lucky. His family, including himself, survived the cyclone that ravaged his village and the surrounding areas in coastal Andhra. But the cyclone that saved him has put new and heavy responsibilities on his head. Being the most educated and the most responsible man in a village has its own penalities. Vallahacherulu has had to shoulder the major part of the burden of helping his fellow men, of rehabilitating his village, of establishing a link with the government, the press and the outside world in general. Not that he grudges this new role he has to play. He only wished it had come to him in happier circumstances.

All over Andhra's cyclone-affected districts, there are many like Vallahacherulu, who are doing what they can at great strain, to help their less lucky fellowmen. These are the unknown, unsung heroes, the real saviors. They deserve appreciation and the happiness of seeing their efforts successful.

Compiled by Sathya Saran

Let that inner glow show
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Hi-Fi. A moisture-rich treat for your complexion.
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GAYATRI DEVI:

NOT JUST MRS. CHARAN SINGH

A strong political force in her own right, "Mataji" comes through as a dynamic woman with independent ideas

Shubha Singh

Gayatri Devi is the wife of the Home Minister, Chaudhri Charan Singh. Short and rotund, looking like a typical grandmother, she is affectionately known as "Mataji" to all who are familiar with her.

She is a strong political force in U.P. in her own right. Charan Singh draws his support from the peasantry consisting of **jats, gujars** and Muslims. Among these people Mrs. Charan Singh has a very strong base. She has been a member of the U.P. Legislative Assembly for two terms, winning with large majorities. In her first election contest in Aligarh she soundly defeated the powerful and deeply entrenched Congress Minister Mohanlal Gautam.

Though she did not contest the elections this time, she was greatly in demand. Candidates vied with each other to invite "Mataji" to their constituencies in the belief that she would turn the tide in their favour with her magic touch. She is a forceful speaker and her election meetings are conducted as though she is talking to a small group in her living room. Originally from Haryana but married in Meerut, she speaks to her peasant audience in their own dialect. Her strong rustic sense of humour influences her public speeches and is greatly appreciated by her audience.

Aside from her role as an M.L.A. and political worker, she runs a large extended household. Mother of five daughters and one son, her house is always full of grandchildren, relatives and guests from her constituencies.

Even as the wife of the Home Minister she is very easily accessible and listens to all complaints with a sympathetic ear. For most of the people who call on the Home Minister daily, a visit to Mataji is a must, especially as she is believed to be his closest confidante and adviser. Though Charan Singh makes his own decisions, Gayatri Devi is herself a strong-willed woman who has been known to influence his mind on occasions.
I spoke to her on several topics.

Q How did you decide to enter politics?

A I had no intention of entering politics. One person from a family is more than enough. Actually it was when he left Congress that I actively came into politics. I made him leave Congress.

Q Why did you do so?

A I had been watching the injustices that were taking place. I knew the type of person C. B. Gupta was. Chaudhri Sahib was standing against him. Indiraji sent people to ask Chaudhri Sahib to withdraw. People like Kamlapati Tripathi, Dinesh Singh and many others came. They promised Chaudhri Sahib that he would be consulted on all important matters. So he withdrew. But when the time came to form the cabinet he was totally ignored. Our people from Meerut and Muzzaffarnagar came and said that he should leave the Congress. I also told him, "What is the use of remaining with these people, they have no use for you. Leave the Congress."

Q You contested elections twice?

A The first time was in 1969 and then again in 1974. In 1969 I defeated Mohanlal Gautam from Aligarh District. People were very pleased. Our men are a little stupid, you know, the rustic people and especially the **jats**. They fight against each other and the third party wins. In Aligarh, Gautamji used to incite the two parties and then win at their expense. Because of me no other **jat** stood for election and I won. The next time I stood from Mathura.

Q Your opponent said some things against you?

A Yes, Gautamji said that I am not Chaudhri Sahib's wife at all, that I have not been married to him. He said that I am uneduated, totally ignorant and not from U.P.

Q What did you reply?

A I said I am not highly educated but I am not illiterate. I studied in Kanya Mahavidyalaya in Jullunder. I am a daughter of Haryana but a daughter-in-law of U.P. — ask those people who tied **pugrees** and came to my wedding.

Q Why didn't you contest the elections this time?

A You know Chaudhri Sahib, he does not believe in giving tickets to his family. Then we thought that it would be best to place a local man. At that time the situation was uncertain and a local person is generally best at such times.

Q How did you feel when you addressed your first election meeting?

A I was used to speaking right from the beginning. I used to work in the Arya Samaj and was the President of the women's wing. I used to take part in dramas etc. in school.

When the the British put Chaudhri Sahib in jail, I was a "dictator" for a month in the Municipality. During the non-cooperation movement in the thirties, locality leaders were appointed "dictators" and during actual demonstrations others had to follow them. I spoke at the Municipal Bhavan. My father-in-law also came to see how I spoke.

I had got out of practice but I listened to others and observed them and then I started speaking myself.

Q Do you think women should enter politics?

A Yes, they should. After all, women vote and if they vote they should certainly take an interest in politics. Politics is a dirty business and also a full-time job. It is not suitable for young girls. But women who are free from family responsibilities should enter politics.

There are other things young girls can do, they do not have to contest elections. They can work in the party offices, in groups as leaders, teachers, social workers, etc.

Q What kind of advice do you give to your daughters and grand-daughters? Should they just look after their homes or should they take interest outside their homes as well?

A They should take interest. My daughter is a doctor and doing very well. But they should not neglect their children. Parents have the greatest influence on their children, followed by the school. Both parents should teach children good manners, about religion and to respect their elders.

Q People say that if Chaudhri Sahib has any close confidante, it is you. That he listens to your advice.

A Actually Chaudhri Sahib does not listen to me, particularly in official matters. Nor do I say anything in such matters. He does what he thinks right. Official matters aside, I keep talking to him on political matters, whether he listens or not. If he agrees with something, then he accepts it.

Q How did you feel when you heard that Chaudhri Sahib had been arrested?

A I felt very bad indeed. He has spent most of his life fighting for independence and now to go to jail in independent India! We were staying at U.P. Niwas in Delhi, and were planning to go to Lucknow. I decided to go to my village, which is close by. I left a day before he was arrested. We did not know anything. I was on the bus when I heard some people saying that Jayaprakashji and other leaders had been arrested. When I reached the village I learnt that Chaudhri Sahib had also been arrested. I rushed back to my daughter's house. She had found out somehow that he was in Tihar jail. I made applications to visit him but it was only after one and a half months that I was allowed to see him. He spent nine months in jail.

Q What did you do during those months?

A Well, I too saw the inside of a jail for a day. In Lucknow I learnt of a party executive meeting which was planning to pass a resolution in favour of the Government. People came and begged me to go even though I was not a member. They said that I was the only one who could stop this. So the next day I went to Royal Hotel for the meeting but there was no sign of any activity. Then some people arrived and just after that the police arrived. The police seemed quite confused and kept whispering in corners. Finally they took us outside on the pretext that the D.Y.S.P. wanted to talk to us. There was no D.Y.S.P. outside but we were made to sit in the jeep. Suddenly they changed their minds, let me go and took the others.

I was returning home in a rickshaw when a police car with the D.Y.S.P. inside drew up. He said he had come to take me away. I was paying the rickshawman when a sepoy said, "You need not pay the rickshaw." I was very annoyed, and told off the sepoy. I said, "You are telling me to do this injustice to this poor man, he has brought me all

Continued on page 43

Which one have you been buying?

Today, many non-wool knitting yarns are being called 'wool', labelled 'wool', even sold as 'wool'.

To make sure you buy pure, unadulterated knitting wool, that is colourful and colourfast, look for the Woolmark. Only that knitting wool which has undergone rigid quality control tests for Woolmark international specifications* carries the Woolmark. Reason why consumers the world over look for the Woolmark when they buy hand knitting wool.

* **The Woolmark on your hand knitting wool assures you:**
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Knit love. To make sure your loved ones wear the natural comfort of pure wool

Woolmark (ऊनमार्क)
PURE NEW WOOL

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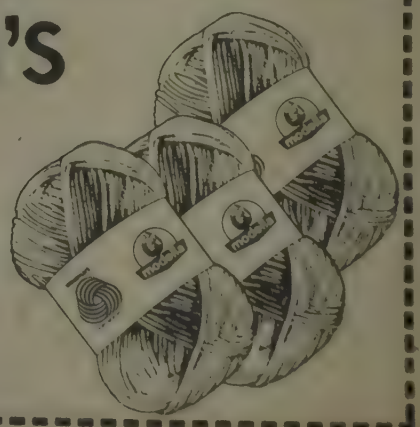
Woolmark Handknitting Yarn is available in a wide range of colours.



look for modella's Woolmark assurance of pure, unadulterated wool

BITTEN BY THE CANCER BUG

Peshotan Mehta claims to have an IQ of 216 (Einstein's was 212). So how he managed to get 4 out of 200 in Biology at the Inter-Science level is anybody's guess. The fault, says Peshotan, lay not in his knowledge of the subject — which is apparently quite sound — nor in his stars but with the examiner. Disillusioned with an education system that fails to evaluate one who knows and condemns him as ignorant, Peshotan dropped out of college.

Since then, and even before that, he has spent most of his time writing papers, giving talks, being interviewed by the press, for having done research in the killer disease—cancer—and for his innovative theories on it.

It all started when Peshotan was seven. At school his teacher would correct the hapless pupil who would ask "Miss can I. . ." with the inevitable "You can but you may not." When a peon of the school died it was announced that the cause of his death had been cancer. The seven-year-old was confused. "Surely ma'am it should be maycer and not cancer?" His teacher patiently explained.

Now, years later, after having read extensively on the subject, having attended courses at the TIFR, Bombay, on "The Continuing Education in Oncology" and having done research in cancer, Peshotan concludes that cancer is not a disease but merely an evolutionary process.

"It is the word cancer that kills more

Peshotan Mehta

individuals than the so-called disease. Fear is the medium for cancer. This psychological fear 'grows' in the mind and proves fatal. . . Cancer. . . is a psychological time-bomb that is activated by a doctor's positive diagnosis and timed by his prognosis."

Talk about prevention and cure of the disease, he feels, is nothing but talk. Anti-cancer drugs and treatment such as irradiation damage cells and "can kill a patient faster than a cancer can." The more radical the extent of an operation, the lesser the survival rate. Years of cancer research being done the world over hasn't helped any.

The only rational cure for cancer according to Peshotan is magnet therapy. "Under normal healthy conditions all cells within an organism vibrate with a particular frequency. . . A cancerous cell has excessive frequency of cell vibration. By applying magnet therapy to it the frequency can be restored to normality." Research in this particular field is still being carried out.

It's all very well for Mr. Mehta to advise: "Don't be terrified of cancer. Even if you are diagnosed as a cancer patient just take it like the doctor told you that you had flu or measles." It's rather difficult to put this advice to practical use. Still, one can admire this youngster's dedication and involvement with the subject he is studying even though one may not quite agree with all he says.

Peshotan Mehta now intends to (formally) study medicine in the United States of America. In the past he has done research at The Swedish Hospital, St. Francis Hospital and the Fred Hutchinson Centre in the USA.

Besides research Peshotan finds time to dabble in astronomy, astrology, palmistry, study Homoeopathy and write on religion.

TALENTED ARTISTES

There's a difference in age, and sometimes in opinion, between the two sisters, but they have one predominant common interest — Bharata Natyam.

After a few years of diligent practice and rigorous training from reputed gurus, Vatsala and Vidhya Ramaswamy, students of the Rajarajeshwari Kala Mandir, had their arangetram on the same day.

Critics praised the sisters for providing an entertaining evening — a tribute to the artistes' talent and grooming.

Vatsala, the older of the two, dances gracefully, striking "sculpturesque poses" in the Anand Natam Aduvar and dancing with verve and vitality in the fast paced Thillana in Hindolam and the Kurathi dances.

Vatsala was thrilled with her performance, she thoroughly enjoyed her arangetram.

Vidhya, on the other hand, with the spontaneity and the frankness of a thirteen-year-old said, heaving a sigh of relief: "I was so glad when the arangetram was over!" Not unnaturally Vidhya prefers the gaiety and abandon of the gypsy dance as opposed to dances with slower movements.

Full of generous praise for her sister, in whose footsteps she is following, Vidhya said: "Vatsala's footwork is perfect, her expressions are excellent." Vatsala, the mature one, was a bit more reserved in her comments on Vidhya's dancing ability: "For her age she is okay."

Both the sisters are enthusiastic and involved with their dance. They would love to

Vidhya Ramaswamy

give public performances. In fact, Vatsala has already appeared on Bombay Doordarshan. She also danced in one of Vani Ganapathy's ballets.

Apart from Bharata Natyam, the sisters have a variety of interests. Vatsala is studying Sociology at the M.A. level and has started learning Carnatic music. She has also inherited her mother's talent for playing the violin. Vatsala says she would love to go abroad and give dance performances and

Vatsala

violin recitals. Next to music, her first love, Vatsala enjoys interior decoration.

And Vidhya, too, is artistically inclined. Attending to homework when she returns from Auxilium Convent, this sprightly girl manages to find time for dance practices, reading mystery and adventure novels and sketching and painting

WATCHING THE TREND FOR 78

Dinoo Vacha

A survey of what the fashion capitals have in store for '78 and how the trends are reflected in the Indian look for the new year

FROM LONDON

Seductive charm and prettiness is the message from the British collection. For evening wear, the favourites are slinky, draped styles in diaphanous, lacy creations. Favourite fabrics are slippery satin georgette, chiffon, silk jersey and lace-embroidered nets. Plain fabrics tend to outnumber prints. Intricate bias-cutting and waterfall drapes are popular, but the peasant or "Bohemia" look, with all its wide flounced skirts, is still a favourite. The afternoon dress is complete with frills, lace and lots of details. A runaway success is the pleated skirt, worn with hip-length blousons with big sleeves and drawstring necklines.

FASHIONABLE COLOURS

Rust, peach, sienna, willow, mauve and — important — white and Pacific Blue; a new note is being introduced by dove grey.

PARIS SILHOUETTE '78

Shapes are soft, roomy and unstructured. Skirts are fullish but not excessively wide, with bias cuts, pleats, raglan and kimono sleeves suggesting lavish use of fabric. Trousers are wide at hip and narrow at ankles, with sometimes turn-ups. More extreme fullness means huge artists' smocks and shirred, gathered peasant styles with big balloon sleeves. The "Blazer" predominates virtually every collection, but always treated in an individual style. Colourful waistcoats and boleroes team with ultrafeminine dresses for daywear. Floral prints tend to make way for checks. The hemline has at last settled to just below the knee.

FASHIONABLE COLOURS

Lots of black, murky brown, ecru, almond green, parma violet, true blue and lots of white.

THE INDIAN SCENE

It's the comeback of the churidar! Worn with loose, boxy Kashmiri Kurtas that echo the soft, full silhouette popular in the West. Little jackets, buttoned or embroidered, predominate.

The choli comes into its own with the revival of the detailed sleeves.

Long till elbow length, or dramatised by a single embroidered motif.

Chiffons and georgettes continue to be in the fore, with lots of braid and sequined embroidery for evenings. Full, sequined cholis with plain chiffons will be the season's favourite.

FASHIONABLE COLOURS

Mango orange, almond green, parma violet, white and all shades of beige, rust and brown.

THE FAMILY BUDGET

Uma Subramaniam

The head of the household believes in 'planning'—even if it may be just a ritual...

Every month the family religiously subjects itself to an exhausting exercise in planning a budget. After all, the man of the house — the boss — is a staunch believer in the virtues of planning. Hence the twenty-ninth and the thirtieth of every month are very hectic and eventful days for our family. For, this is the time that the demands for grants are made by our three musketeers — and myself.

The whole experience is characterized by distinct features. The preparation of the budget is marked by a certain amount of excitement. It is then presented with some trepidation and is finally passed with reluctance. For you see, the actual passage is effected through the powerful stroke of the pen of our Finance Minister.

To begin with, each of our boys puts in his individual request through proper channels. It is scrutinized and then pruned to size by the Home Minister (who, in this case, is none other than "yours truly"). Eventually it is placed before the Auditor General-cum-Finance Minister of the family for approval and sanction.

There is a familiar ring about the conversation that takes place during these days. Our eldest starts off by saying, "Mom, are you getting me the elevator shoes this month?" I try hard to maintain a non-committal silence.

At this stage our second one remarks, "After all, a pair of sturdy jeans are more essential than elevators." With a mischievous smile and a meaningful wink he continues, "I am sure you can manage that from your vegetable budget!"

"Hmm," I say, "the vegetable budget is already inflated this month and I'm afraid your father might slash it down drastically."

Not to be outdone by his two older brothers our third adds, "Anyway, I am getting a cricket bat." Knowing that this is his second bat in three months, I reprimand him on his carelessness and his uncanny knack for breaking bats (which really is the joint endeavour of his friends). The sensitive little one is on the verge of tears when I calm him by saying that all the requests would be duly placed before the sanctioning authority.

The preliminary discussions are always held in camera (from the head of the house) and on the great day — that is, the first of the month — the whole family sits for the actual session under the chairmanship of the Finance Minister.

Going through the separate heads of the budget the Finance Minister has this to say of elevators: "Well," he begins authoritatively, "I thought the elevator was a fanciful American word for a simple life — but what is this?" Our eldest clarifies by muttering, "Dharmendra just looks groovy in them." But the man of the house continues, "I don't care what any Tom, Dick and Harry wears." Our son is rather taken aback at this bombshell and protests, "But surely, amma, Dharam is not **any** Tom." Without listening to this the lord of the house says, "In my time and at our age I walked barefoot to college." Then turning towards me he quizically remarks, "I only hope you have made provision for the festivals and house guests this month." When I nod my head he hands me a cheque (which by the way is a deflated figure considering the original budget).

Generally all is quiet on the home front till about the fifteenth of the month. In the meantime unforeseen and "unplanned" expenses like replacing a "fused" tube-light, a broken plastic bucket and a few other things invariably crop up.

The eighteenth of the month sees the passage of a supplementary budget amidst much heat and thunder.

SOMETIMES you can't tell
one blue ladies' cardigan
from another blue cardigan
and one blue gents' pullover
from another blue pullover
and one gold rib skivee
from another gold rib skivee
and one fully fashioned sweater
from another fully fashioned sweater
and one sports shirt
from another sports shirt

BUT when you see this Greatway

then you know that the pullover,
the skivee, the cardigan,
the fully fashioned sweater,
the sports shirt,
all have the touch of Greatway

which means that the style is right
the price is right, the store is right,
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MODE INTERNATIONAL
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Gorgeous hair. An everyday luxury.

Lure Shampoos give your hair a new splendour. Beauty. Shikakai. Egg. And Lime. Each with a distinctive fragrance that stays to the last drop. To ensure healthy hair, the shampoos are also tested for the correct acid-alkaline balance.

So shampoo with Lure today. Soon people will be telling you what beautiful, fragrant hair you have.

Lure SHAMPOOS

The gentle fragrance lingers in your hair

SELECTING A HAIRSTYLE

A great many women underestimate the importance of choosing a hairstyle. If hair is artfully arranged and carefully styled it has a magic capable of redeeming the plainest of faces. A hairdo can truly express a girl's individuality. Selecting the correct style depends on a number of factors — the shape of your face, your features, the size and proportion of your figure, your TOTAL look . . all these need to be taken into consideration.

First, let us take your figure. If you are too short, avoid wearing your hair too long or fluffy. Try coiling it on the top of your head to add inches.

If you are tall and skinny wear your hair long enough to give a fuller effect. Too narrow shoulders can be made to look broader with a small sleek, cap-cut. Scrawny necks can be softened by medium length, page-boy styles, while short necks usually call for short hairdos. Those with untidy napes or plump necks should avoid upswept styles.

Hairstyles can also be adopted according to head-shapes. Pointed or pixie-shaped heads look well with medium length hair, while too-narrow heads demand smoothness at the back and fluffy soft waves at the sides.

For short, round heads one of the most effective hairstyles is the layered or "step" cut.

Of course, the shape of your face is by far the most important criterion in selecting a hairstyle. If you do not know your face-shape, pull your hair back, take an old lipstick or cake of soap, and outline your face in the mirror. Here are some of the common face-shapes and the hairstyles that suit them :

If you have a round face, do not part hair in the middle or flatten it on top — this will emphasize the roundness. Try a side part, keep hair full and soft above the ears.

If your face is square, try to detract from the square lines by using a curvy fringe and bouncy waves.

A variety of styles suit an oval face. If you like the Madonna effect, part hair in the middle and draw it away from the temples. The shaggy, uneven cut also suits this kind of face. Those having oblong or rectangular faces should avoid high hairdos that give unnecessary length to the face. Try soft curls to round out the angles. If you have a triangular face draw hair back from the temples to widen the narrow forehead, and curve it around the cheeks to de-emphasize the width of the jaw.

A headful of healthy hair, done in a suitable style, is an asset no one should pass up

Individual features can also be accentuated or camouflaged by the right style. A long nose can be balanced by back masses of hair, never pull back hair — this emphasizes your nose. Uneven hairlines can be concealed by bangs. Those having very high foreheads should avoid pulled-back styles or ponytails. Jutting chins can be softened by medium-length hair crowding the face, while short noses look good with a brief boy-cut. Prominent ears can be concealed by a page-boy flip or a sleek U-shaped cut. Girls wearing spectacles should opt for a simple style, away from the face.

Try and follow these tips and you will discover it is great fun choosing a hair-do— it will enhance your personality and you will be full of confidence in yourself and your new look.

Aditi Chand

HAIR CARE: hair should glow with health

If you have been in bad health, your hair will reflect this condition of your body. Everyday treatment to preserve healthy hair and scalp is to keep it absolutely clean. Good brushing with a clean brush is best.

If hair is greasy, keep brushing away from scalp as it increases the oil flow, but dry scalp needs brush stimulation. Greasy hair requires more attention to prevent it looking lank, therefore a shampoo twice a week is a must.

Dry hair is caused by insufficient oil from the scalp, and lack of vitamins A and B. Temporary dryness can be caused by harsh shampoos, rough brushing, over-perming or too frequent dyeing. If hair splits, have the split ends trimmed.

Scalp massage is necessary as it stimulates blood circulation, feeds hair roots and encourages the flow of oil. Massage the scalp forwards, upwards, backwards with a light pressure. Begin at the crown working down to temples and round back of head. Do this for five minutes.

Follow with steam treatment. Wrap head in wet towel. Have a replacement towel in hot water ready to use as soon as the first towel begins to cool. Steam for 10 minutes.

If your scalp is infected have it treated. Dandruff flakes form on scalp and harden, clogging pores and causing itchiness. Hair becomes starved of nourishment and looks dull and lifeless. Treatment includes shampoo with an anti-dandruff lotion or cream.

Falling hair is a problem so find out the cause — the biggest enemy is dandruff. See that your diet contains plenty of vitamins A and B found in dairy products, eggs, fish, green vegetables and meat.

Ratna Gehani

STEP OUT IN STYLE

1

Smart sandals draw attention to feet. Here is a wide selection of styles designed to flatter your feet. Lightweight and comfortable, they are for various occasions. In glowing colours, mellow shades and fascinating patterns, they interpret the finest in workmanship. More plus points — durability and wear-ability — make them popular.

Sandals — Courtesy:
Trend Exporting Co., Calcutta
Photographs : Jyoti Prakash

1 Open and airy sandals in colours of the rainbow to match different ensembies.

2 The styling is trimmer to give that neat look you like. The gold and silver ones are for special occasions.

3 Very trendy are these in bold colours. Light and supple, each style is dashingly different.

4 In subdued shades and unusual colour combinations with a new conception in fashion are these, with heels covered with jute braiding.

Is someone you know migrating to India soon?

25% of the foreign exchange brought in by Non-resident Indians or persons of Indian origin coming home for good can be used, for the next 10 years, to:

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Any member of the family can go abroad anytime in the next 10 years. For pleasure. For business. For medical treatment. For any personal reasons.

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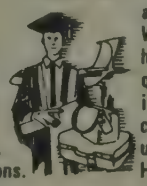

Who wouldn't like his son or daughter to qualify and specialise in the field of his choice at a college/ university abroad? Here's the opportunity.

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Something to remind them of home. Something to remind them of you. On their birthdays, anniversaries or weddings.

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For a free brochure, write to: The General Manager, International Division, State Bank of India, Post Bag No. 10121, Bombay 400 021, INDIA.
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BORN WITHOUT BEAUTY

In my village, when a girl turns fifteen she becomes aware of two things — the increasing fondness of her parents towards her and the strange whispering of her near relations. So when my mother said, "Why send the girl to college? School is enough. Let me keep her with me for the few years that are left," I knew this meant I would soon be given away and would have to leave my home to go and live in another's.

There were strange talks of horoscopes, dowries and expenses, and one day I heard my aunt say to my cousin, "If only the girl had looks...what a pity!"

They were alluding to me. Yes, I had all a rich girl needed except a pretty face — rich parents, education, an only daughter among many sons. In the village they said no other community could boast of such a talented girl, who could sing, dance, paint, embroider, even stitch a bridal blouse! The village folk loved me and said kindness and good nature mattered more than the thing I lacked — beauty. My face was too dark, my nose tilted — but only a little — and my eyes stared back at me — ordinary, useful, but not "lustrous." How I detested my reflection in the mirror!

Of all my neighbours, I liked the dignified widow who lived six houses away. She seldom went out, but towards me she was most cordial. She would call me inside her house and talk about my school and my friends. They said she had an only son who lived in a far-away city and rarely came to the village.

Many ladies came to see me as a prospective daughter-in-law, but not one found me acceptable.

I could hardly believe the news when it came, it was such a shock. My relatives felt the same! My friend the widow was bringing her son to our place for him to see me for a bride. His bride!

That day I combed my hair with more care than usual and wove a silken tassle into the plaits to make them look longer. I applied black kajal to my eyes, elongating the corner lines to make them look longer. I powdered my face. I even chewed betel leaves to help my lips turn red.

I was standing before the mirror when my mother entered the room. She looked me over and I shall never forget the despair in her expression when she said, "Powder a little more. Smooth your hair a little more."

"Perhaps it was my imagination, but I fancied a disappointment in his eyes..."

Ameena Raghuvir

Contrary to all custom, a widow had come to see a prospective bride. Contrary to all custom, she took me, a shy, trembling girl, to the men's room where her son sat and said, "This is she."

I did not raise my eyes, my head was giddy and my heart was pounding. She held my hand and took me back again to the women's quarters.

Everyone in the village talked. They said the match must have come about because of the huge dowry. They said no doubt the widow had a keen eye on the money bag, else why should she make her son consent to marry such a plain girl? Such a good-looking boy, too!

But I was more surprised than anyone. I knew my friend cared little for money. Could it be because she liked me? Yet...

Because his only daughter was making such a satisfactory alliance, my father gave me a big wedding, inviting the whole village to the ceremony. Also, he gave me costly jewellery, silverware, fine silks, to say nothing of the best household utensils, which gave me more confidence than rubies.

During the first part of the marriage I kept my eyes lowered, but when the priest who held the piece of cloth between me and the bridegroom moved it so that bride and groom, standing face to face, could look into each other's eyes, I raised my lashes for an instant and found his eyes fixed on me. Perhaps it was my imagination but I fancied a disappointment in his eyes. Blood rushed to my cheeks and I lowered my lashes hastily, but the face I had glimpsed was handsome and gentle.

Nobody witnessing a Hindu marriage can help a strange feeling of awe and grandeur when the priests chant the hymns and invoke the invisible gods from their higher spheres to be witnesses to this, the most holy and spiritual of all undertakings in human life.

"Be united, O man, to her, your wife, companion in all thy moral obligations and duties, and be one with her, like speech and its meaning," chant the priests. And the fire-god is invoked to witness the giving away of the bride and the priests tell the father, "Now she no longer belongs to thy house but to another's."

The solemnity of the whole thing moved me to tears and I saw my father wiping his eyes in the din and confusion of the ceremony.

I stayed a few weeks in my father's house after the marriage, as is the custom, and then one

tops in fashion

Dinoo Vacha

THREE LOOKS TO BE SEEN IN THIS SEASON

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3. A shimmer of satin or crepe de chine shapes this lovely blouse with its eyelet embroidery. Marvellous with a gathered skirt with side slit pockets.

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A good housewife discovers many reasons why she should cook in Jai Jawan refined oil.

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Jai Jawan now has a bright new yellow pack guarding the purity of oil made only from the very best groundnut. So pure, that no froth and smoke irritate your eyes and throat. Besides, Jai Jawan purity enables food to retain its natural flavour because it is odourless: pure.

JAI JAWAN guards quality

Fried foods stay fresh, crisp and tasty longer—because Jai Jawan not only uses the very best groundnuts, but processes them under strictest controls and checks. So that even after frying, you can reuse the oil—it is colourless.

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Continued from page 23

day my husband arrived to take me away to the city where he lived. My elder brother's wife accompanied me, but returned home after a couple of days.

I don't know when it was I first became aware of my husband's indifference towards me, but as days passed I felt a loneliness come over me and a feeling of misery. At first I thought he was embarrassed being alone with me as many young husbands are, but gradually I knew he was hiding his disappointment. He spoke little and always gently, but never wanted me by his side when he went out nor desired my company when he visited his friends. He was a teacher by profession and when other teachers from his institute called, he did not ask me to come into the drawing room, but let me remain within until they left. The ladies usually came within and sat with me in my room.

Afterwards I could not suppress my rebellious tears. Was I not as educated as his friends were? Why should I not meet his friends as other wives did? Then I caught my reflection in the mirror and clenched my fists. It was no use. Who would ever like to look a second time at such a face?

As the days passed into months, I remained inside the house more and more, doing the household chores. The silences lengthened between me and my husband. One day I took my sitar down to tune it and sing a little. My husband was in his study, deep among his books. He came and said gently, "I am reading. The noise disturbs me."

I threw myself on my bed and wept bitterly.

One day my mother-in-law wrote to me, "Why is it that while I hear from my son often, no letter comes from my daughter-in-law?" I had not written for a long time because of my moods of despair.

A few days later came another letter. My mother-in-law would be paying us a short visit. Though it is the custom with us that the mother should stay with her son, my mother-in-law had refused, saying city life did not agree with her. She preferred to stay in her own village where she had been born, bred and married.

My husband did not ask me to accompany him to the railway station to receive his mother and I did not grudge this as I had much to do in the house. I did not want my mother-in-law to find fault with my housekeeping and cleaned, dusted, decorated, so that when she arrived everything was ready, including hot water for bathing and a delicious breakfast.

I opened the gate of our front garden for my mother-in-law to enter and bowed my head and touched her feet for blessing, as is the custom, and she gave me a happy smile and asked after my health.

"You look thin, daughter. Why?"

I made a brief, non-committal reply.

For lunch I prepared sweetened yellow rice and spiced curries, and while waiting on my husband and mother-in-law as a daughter-in-law should, I heard her say, "How deliciously your wife cooks! This curry tastes exactly right."

husband had never invited any of his friends home, but now, at the suggestion of his mother, he did. It was a memorable day for me. I was so pleased to have company, and when they praised my cooking and my fragrant, unusual dessert I could not contain my joy—more so when my husband looked at me and again quickly lowered his eyes. When they praised my paintings he looked again with a hesitant, growing wonder.

As days passed, my mother-in-law often invited guests. She would ask me to sing and I chose haunting melodies. And I was happy.

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I could not help my spirits lifting and looked up just in time to see my husband withdraw his glance quickly from my face.

Later she asked, "Where are your paintings and your embroidery?"

"I will get them from the cupboard."

She took the paintings and hung them on the wall in the drawing room. She spread on the sofas the silk cushions I had embroidered with threads of multicoloured silks.

That night we had guests. My

One day I had a request to dance for a selected audience at a function, I knew classical dance but had never danced after my marriage. Imagine my joy when my mother-in-law granted me permission to dance! My feet trod on winds and in the dance I forgot the earth to join the world of gods. Afterwards I found myself amidst admiring friends with applause following me everywhere.

I saw the change in my husband. He had begun to take notice of me.

Girls of my own age now began to visit me, begging me to write out a song that had caught their fancy, or teach them a piece of intricate embroidery, or give them a recipe to please their husbands.

One day, when my mother-in-law sat talking with her son, I joined them quietly.

My mother-in-law said, "That woman Vilasini! I really pity her husband."

"Why?" asked my husband, "what is wrong with her?"

"No doubt she is beautiful," was the reply, "but what use is beauty if she cannot make even a cup of good tea for her husband? I hear she never bothered to learn how to cook. As if one can always rely on servants!"

After a pause, she added, "And that girl Sarala!"

"Sarala is a highly educated lady," said my husband.

"Who flirts with every man she sees! And look at that Prabha!"

"What is her fault?" asked my husband, half-mocking, half-smiling.

"She is rich and idle. There is much waste in her kitchen. One should always live economically for no one knows what tomorrow will bring. Frugality is a virtue. I am glad that though I brought my daughter-in-law from a rich house she is frugal and clever in housekeeping and lives within her — your — means"

My husband looked at me and smiled—with his eyes, his lips, his whole self—the very first laughing smile he had ever directed towards me! How happy I was!

My mother-in-law continued, "There are qualities that stick and qualities that wear away. Beauty that is seen withers. One must recognise the unseen beauty of the heart for it will be passed onto the unborn children."

From then on, life changed for me. My husband smiled at me more freely than before and the touch of his hands upon mine became warmer and more spontaneous. He would ask me, as though with unconcern, if I would accompany him on some outing or other, and would look happy if I said yes. We were together often and a circle of friends gathered around us and my husband's friends and relatives laughed and called him a changed man.

The day came when my mother-in-law said, "Daughter, now I must leave you. I have stayed longer than I intended and my village calls me. I came because I knew something had come between the two people I love best. Now you are both happy. Let me go."

And then it was that I broke down and wept tears of gratitude and love.

FOR COCKTAIL HOUR

Premila Lal

"Well begun is half done" is true when you serve snacks before a meal as accompaniment to drinks and socially to "break the ice." Today's sancks are specially prepared for cocktail time, but can also be served at high tea, carried for picnics or packed for a jaunt. You will love to have a go at these hot and tempting additions with unusual stuffings and flavours which provide a welcome change. These delicious favourites can be further varied to suit individual tastes.

BACON-CHEESE TOAST ROUNDS

¼ cup grated sharp cheese
½ cup minced crisp bacon
3 tbsps. chopped peanuts
2 tsp. chutney
3 tbsps. chilli sauce
12 buttered, toasted bread rounds
Salt

Mix cheese, bacon, nuts, chutney and chilli sauce and season with salt. Spread on toast rounds and place in hot oven (400 deg. F) for five minutes or until cheese is melted. Serve at once.

CHEESE DREAMS

Spread six slices of bread with peanut butter; top each with a slice of cheese, then with another slice of bread. Saute in butter until golden brown; cut in four triangles and serve immediately.

HOT MEAT TOASTIES

Heat slices of roast beef, mutton, pork, ham, chicken or turkey in gravy made of meat dripping. Serve on hot buttered toasties.

SEAFOOD BUTTER

Put through a sieve or blend or chop :
1 cup cooked shrimps or lobster
120 grams butter
1-2 tsps. lemon juice
Fresh grating of pepper

Mould and chill to serve on an hors d'oeuvre platter or use as a spread for salted biscuit or tiny toasted buttered bread.

CHEESE PUFF CANAPES

2 egg whites
1 cup grated cheese
1 tsp. Worcestershire sauce
½ tsp. pepper
1 tsp. mustard
Cream crackers or small salted buiscuits

Preheat broiler. Beat until very stiff the egg whites. Fold in the rest of the ingredients. Spread on buiscuits or tiny toasted buttered bread. Place the canapes under a broiler for about six minutes or until the cheese is well puffed and brown. Serve hot.

PRAWN PUFFS

12 shelled, cooked prawns
1 egg white
½ grated cheese
Salt and pepper to taste
½ cup mayonnaise
Cream crackers or toasts

Preheat broiler. Cut prawns in half. Whip egg white until stiff. Fold in the rest of the ingredients. Heap these ingredients lightly onto crackers or rounds of toast. Garnish each one with half a prawn. Broil the puffs until light brown. Serve hot.

TINY SEEKH KABABS

½ kg. ground mutton
60 grams ground onion
½" piece ground ginger
5 cloves, powdered
10 peppercorns, powdered
30 grams coriander powder
120 grams curd
1 tsp. cumminseed, powdered
Salt and chilli powder to taste
Ghee for frying

Photograph : Farokh Reporter

Snacks — Courtesy : Hotel President, Bombay

Mix together the ground meat with the rest of the spices and onion and blend well. Add beaten curd and mix well. Take a fistful of meat mixture and pierce through an iron skewer (kabab chari) then slowly build it into a small (3" long) kabab. Place the skewers, two inches above direct charcoal heat or grill, brushing with a little ghee, and turning the skewers to brown evenly. Take off from the skewers and serve the kababs hot with mint or tomato chutney.

SAVOURY CHEESE PUFFS

250 grams sharp cheese
¼ tsp. salt
2 tbsp. chilli sauce or ketchup
1 egg white (stiffly beaten)
2-3 doz. bread fingers

Cut bread into fingers 1" x 2". Grate cheese using a fine grater. Add salt and chilli sauce, fold in stiffly beaten egg white. Spread on bread fingers and chill for one to two hours. Bake in a moderate oven (375 deg. F.) for about 15 minutes or until cheese is puffy and lightly browned. Serve hot.

FISH CANAPES

Canned or cooked tuna fish
Mayonnaise
A few drops lemon juice
Bread rounds (buttered) or cream cracker biscuits
Chopped parsley or coriander

Mash the tuna and moisten well with mayonnaise. Season with lemon juice and if desired a little chilli powder. Spread on buttered bread rounds or cream crackers and garnish with parsley.

BACON PINWHEELS

100 grams cream cheese
2 tbsp. cream
½ onion juice
¼ tsp. salt
6 slices bread (¼-inch thick)
6 slices bacon

Soften cheese with cream or milk, add onion juice and salt. Spread on very fresh bread from which crusts have been removed; roll tightly (jelly roll fashion). Wrap each roll in bacon and fasten with three to four toothpicks; chill in refrigerator. Just before serving, cut each roll in three-four slices, place on wire rack in shallow pan and bake in a hot oven (400 deg. F.) until bacon is crisp and browned.

FRIED SHRIMPS

500 grams shelled shrimps (large size)
2 tbsps. lemon juice
Salt and pepper to taste
Beaten egg
Breadcrumbs
Toothpicks

Shell and clean shrimps. Sprinkle with the lemon juice, salt and pepper. Allow to stand for 15 minutes. Roll each in egg and breadcrumbs and deep fry in hot fat (365 deg. F.) till browned. Drain on absorbant paper and serve on toothpicks accompanied by chilli or tartar sauce.

ANGELS ON HORSEBACK

Bacon strips
Small oysters or chicken livers

Wrap strips of bacon around small oysters, fasten with toothpicks. Place in a shallow baking pan and bake in a hot oven (400 deg. F.) until bacon is crisp. Serve hot.

FISH SHIFTA

3 cups, boiled, boned mashed fish
2 large onions, ground
3 cloves, ground
½" piece ginger, ground
¼ bunch coriander leaves, minced
1 sprig mint, ground
½ tsp. saffron, dissolved
Salt and pepper to taste
Cooking fat for frying

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cuckoo lal
Vegetable fats or bland vegetabe oils are best for deep frying. They heat quickly, are nearly odourless and do not burn readily as butter or margarine do.

Mix together all the ingredients except cooking fat and blend well. Take small portions of the mixture and form into elongated croquettes. Let stand for half an hour. Heat enough cooking fat for frying and fry the croquettes until golden brown. Serve with tomato sauce.

BROILED PRAWN WITH CURD

270 grams deveined prawns, boiled
1½ cups curd
½ cup olive oil
2 tsps. lemon juice
2 tsps. pepper powder
1 tsp. cinnamon powder
Salt to taste

Drain the prawns. Mix together the curd, oil, lemon juice, pepper powder, cinnamon powder and salt to taste. Marinate the prawns in it for over two hours. Remove from marinade and broil prawns for about five to six minutes. Sprinkle with a little garam masala and serve on toasted bread or on toothpicks.

ATTENTION COOKERY CONTESTANTS!

SPECIAL PRIZES

FOR WEEKLY WINNERS AND COOKERY QUEEN OF THE MONTH

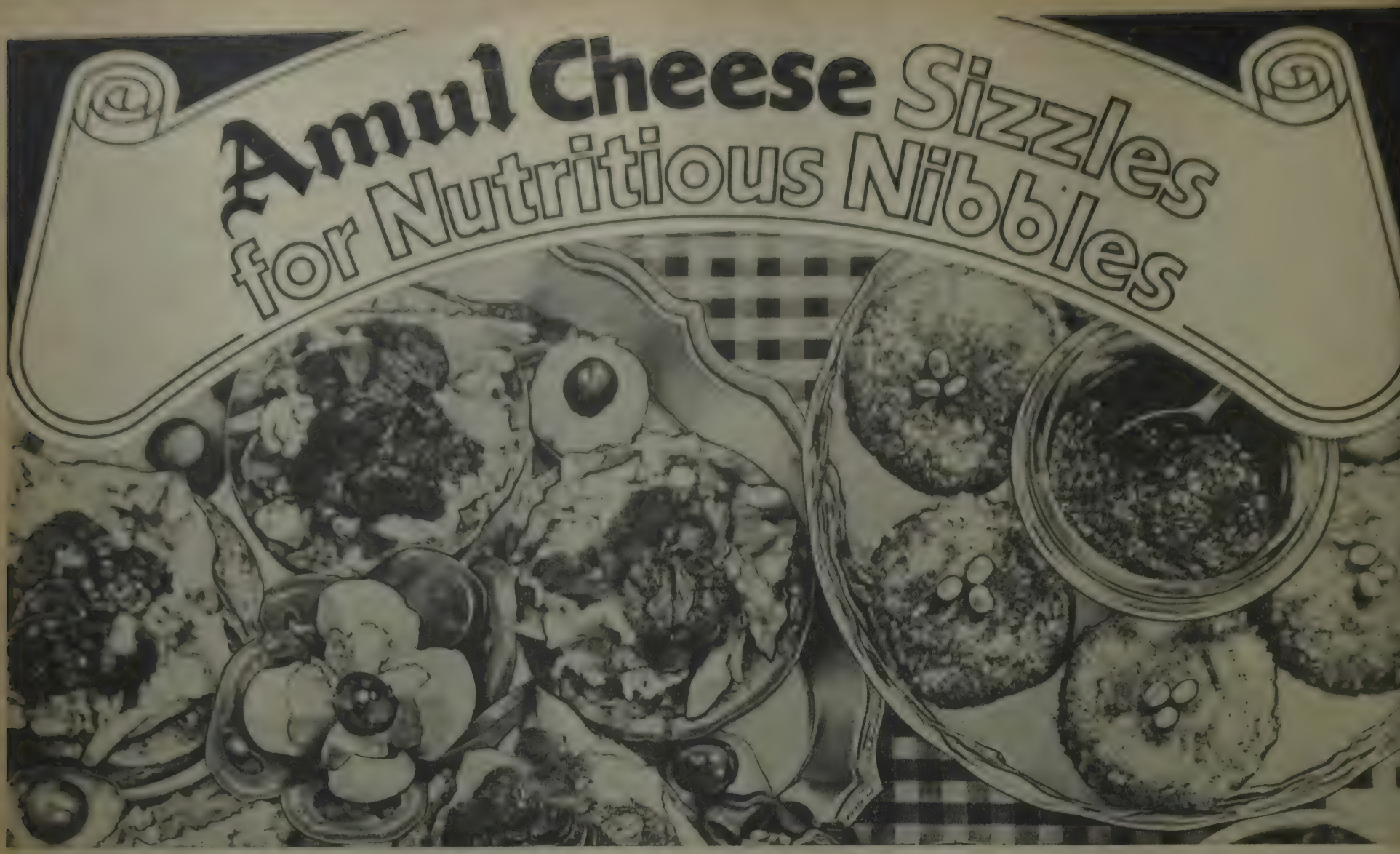
The Cookery Queen of the month will receive in addition to Rs. 100.00, a saucepot (Jan. 1978).

All the above mentioned items are from TRUPTI INDUSTRIES, BOMBAY, famous for their Sapphire non-stick, scratch resistant kitchen ware.

So, send in your best vegetarian or non-vegetarian recipe accompanied with photograph and coupon to the Cookery Editor, Eve's Weekly, Apollo Street, Bombay 400 023.

Prize winner of our weekly cookery contest will get in addition to the usual Rs. 50. 00 cash prize, a non-stick coated Sandwich Toaster and a Tin-O-Mat.

Amul Cheese Sizzles for Nutritious Nibbles



Amul Cheese Wedges

1 well-beaten egg • ½ cup milk
1½ cups packaged crushed salty biscuit mix
1 cup grated Amul Cheese
2 tsp poppy seeds
2 tbsp melted butter

Combine egg and milk, add to biscuit mix and stir only till dry ingredients are just moistened. Add half the Cheese. Spread this dough in greased 21cms x 4 cms deep round baking dish. Sprinkle on remaining Cheese and poppy seeds, then melted butter over all. Bake (150°C)for about 20 minutes. Cut in wedges and serve hot.

Amul Cheese Kachauris

½—1 kg mashed potatoes
1 tbsp til, ground • 1½ tsp khus-khus
½ tbsp chironji nuts
A stick of cinnamon
1 tbsp lime juice
1 clove, powdered
1 tsp green chilli paste
1 tbsp sugar • Salt
Ginger, small piece finely chopped
Coriander leaves, chopped
Breadcrumbs • Oil to fry
3 tbsp grated coconut
200 gm Amul Cheese Powder

Knead all ingredients well—except Cheese. Divide dough into equal portions and form into large balls. Keep aside. Knead Cheese Powder, stuff into potato balls. Roll balls in breadcrumbs and fry till golden brown.

Amul Cheese Quick Pizza

4 buns or rolls
2 onions, sliced
4 button mushrooms, sliced
2 tomatoes, sliced
1 cup grated Amul Cheese
1 cup chicken, boiled and shredded
½ cup oil • 1 tsp salt • 1 tsp pepper
1 extra onion • 4 tbsp tomato sauce
1 clove garlic, chopped
2 tbsp mint leaves, chopped

Slice buns or rolls into halves. Keep tops aside. Brush surface of bottom halves with oil. Heat oil, fry onion, garlic mushrooms and chicken for four to five minutes and remove. Mix Cheese and tomato sauce. Place bread on a baking tray. Sprinkle salt and pepper on each piece. Spread chicken mixture evenly on top of each slice and cover with Cheese mixture. Garnish with onion rings and chopped mint leaves. Bake in an oven 95°C till Cheese mixture sets. Serve hot.

Amul Cheese and Egg Cakes

4 eggs • 45 gm flour
1 tbsp grated onion
90 gm diced Amul Cheese Chiplets
Salt • Pepper • Butter to fry

Beat eggs, add onion, flour and Cheese, season to taste with salt and pepper. Mix well. Taking a tablespoon of mixture at a time, fry in butter, turning to brown cakes on both sides. Serve at once.

Amul Cheese Stuffed Tomatoes

4 large tomatoes • 3 eggs
25 gm butter
4 tbsp grated Amul Cheese
Chopped parsley or coriander
Green chillies, chopped
Salt • Pepper

Cut a slice off top of tomatoes and scoop out pulp. Beat eggs and season with salt and pepper. Heat butter, add beaten eggs and almost all the grated Cheese. Scramble lightly. Add tomato pulp. Fill into tomato cases. Garnish with chopped parsley or coriander and chillies. Sprinkle with remaining grated Cheese. Place under grill or in oven till Cheese melts.

CHEESE NUTRITION

Cheese is more than flavour. It is a source of high quality protein as good as meat or fish. And what's more, protein in cheese is pre-digested, therefore easily assimilable by children, invalids and convalescents! Cheese has 23% protein and is rich in calcium and Vitamin A content. 8 volumes of milk reduce to 1 volume of cheese. Good, rich nutrition that makes a splendid meal.

400 gm Amul Cheese Tin for economy

450 gm Amul Cheese Powder for instant Cheese flavour

250 gm Amul Cheese Chiplets (25 gm each for convenience)

Amul
CHEESE

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Anand

recipes from our readers

Miss Lourdes Rodrigues, Hyderabad

INDIAN HALWA

- 1 cup crushed wheat (very fine) or
- 1 cup rawa
- 1 cup water
- ½ cup ghee
- 1 cup white sugar
- ½ tsp. grated nutmeg
- ½ tsp. salt
- ½ cup almonds

Blanch, slice and brown the almonds. Soak the crushed wheat or rawa in a cup of water overnight. In the morning squeeze with fingers thoroughly and rub through a cloth so as to obtain the milk. Boil the sugar in half a cup of water and make a thick syrup. Put the ghee in a vessel, heat till it melts and then cool it. Put in the wheat or rawa and syrup in ghee and cook till it thickens. When thick, add the nutmeg and turn out on a greased plate and garnish with almonds. When cold cut into diamond shapes.

Mrs. M. Manjula, Meerut

MASALA FILLED BRINJALS

- 250 grams brinjals
- 1 tbsp. channa dal
- 1 tbsp. urad dal
- 1 tsp. coriander seeds
- ½ tsp. cumminseed
- 2 tsps. grated dry coconut
- 6 dry red chillis
- ¼ tsp. fenugreek seeds
- 3 tbsps. oil/ghee for frying
- 2 tsps. salt to taste

Put 1 teaspoon oil/ghee in a small frying pan and heat. Add cumminseeds and fenugreek seeds and try till crackling. Then add channa, urad dal, coriander seeds and chillis. Deep fry to golden brown and before taking off the pan from fire, add grated coconut and mix. Allow it to cool and grind it coarsely with half the quantity of salt. Keep aside.

Cut off stem of the brinjals and cut them into four sections, keeping one end intact. Fill the ground masala into the cuts and tie the loose ends with a thread.

Put 3 tablespoons oil/ghee in frying pan and keep it on low fire. When hot, put the brinjals in and cover it. Sprinkle balance of salt and cover. Occasionally turn over the brinjals to prevent from charring. Cook till soft. Sprinkle any left over masala and take it off the fire. Serve hot with rice or chappaties.

1 weekly winner

Mrs. Priyabala Mehta of Indore wins Rs. 50 for this week's best recipe plus a non-stick sandwich toaster and a Tin-O-Mat from Trupti Industries, Bombay.

PARVAL SWEET

- 1 kg. large fresh parvals
- 500 grams sugar
- 2½ tbsps. sugar
- 250 grams white plain butter
- 10 green cardamoms
- 25 grams charoli
- 10 leaves silver foil

Wash the parvals well and scrape them with a very sharp knife so that all the green outer skin is scraped out. Slit each parval on one side without breaking it into two. Put them in a dekchi containing lot of water and boil till they are just cooked. Take them out of water and place on a collander to drain. After 20 minutes, spread them on a piece of cloth so that whatever moisture may have remained in them also dries up. Carefully handling them, remove the seeds.

Boil 500 grams of sugar and while it is boiling, squeeze the juice of half a lime into it so that the scum will come up on the surface of the syrup, remove it with a spoon. The syrup will become crystal-clear. Boil it till it is of two thread consistency. Put all the parvals in the syrup and let stand for 10 hours. Pound the cardamom seeds and mix with butter, charoli and 2½ tablespoons of sugar. Take out the parvals from the syrup and stuff each one with this mixture. When all the parvals are stuffed, arrange them in a silver platter and cover with silver foil (warq).

Mrs. R. Meera Rao, Madras

SOORNALI

- 3 cups raw rice
- 1 cup beaten rice (poha)
- ¾ medium coconut
- 2 cups butter milk
- 2 tsps. turmeric powder
- 200 grams jaggery
- 1 tsp. fenugreek
- Ghee for frying
- A pinch of salt

Soak rice and beaten rice in buttermilk for about 2 hours. Drain off and collect the buttermilk. Soak fenugreek in water for half an hour. Drain. Grate the coconut. Grind together coconut, and fenugreek for a while then add the soaked rice, beaten rice and turmeric and grind to a smooth paste with the collected buttermilk. While about to remove, add jaggery, salt and grind well along with the paste. The batter should be of quite thick consistency (like idli batter). Keep overnight. Next morning, prepare 1/8" thick dosais on a slow fire. Heat a frying pan and smear it with ghee. Pour a ladleful of batter and spread lightly, add ghee around it and cover with a lid. Remove lid after 2 or 3 minutes. When "soornali" is cooked, remove from pan. (not necessary to turn over). Serve hot with butter.

Prabha Mathur, Pune.

CAULIFLOWER KHEER

- 4 large cauliflower
- 1½ litre milk
- 1 cup rabri malai
- ¼ cup sugar or to taste
- 2 tsps. ghee
- ½ cup mixed dry fruits (cashewnuts, chiroli, raisins, almonds, pistatios
- 2 large cardamoms, powdered
- 2 sheets small silver warq
- Few drops of rose essence or kewara

Cut each cauliflower finely from the top only. It should be one cup measure. (Remaining cauliflower can be used as dry vegetable). Brown it in the ghee. Drain excess ghee. Pour milk in a dekchi, and boil cauliflower in it till tender. Add sugar and rabri. Keep on slow fire at least for half an hour till it is like thick malai and well mixed. Remove from the fire. Mix all dry fruits, when cool mix few drops of rose essence or kewara. Sprinkle with powdered cardamoms and put silver warq. Keep it in the refrigerator to cool.

ATTENTION, COOKERY ENTHUSIASTS!

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THE LITTLE WOMAN

by Don Tobin

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YOU WOULDN'T HIT A POOR HELPLESS WOMAN, WOULD YOU?
SURELY, YOU WOULDN'T HIT A POOR HELPLESS WOMAN WITH DELICATE EARS WHO HATES SNOW-BALLS?
NOBODY COULD BE MEAN AND COWARDLY ENOUGH TO HIT A POOR HELPLESS WOMAN WITH DELICATE EARS WHO HATES SNOW-BALLS, IN THE BACK!
SPLAT!
NOBODY BUT A HUSBAND, THAT IS!
1-2
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HA HA world of laughter

The wife of a young man just graduating from college admitted that his senior year was the toughest. 'That's the year," she sighed, "we got an M.A., a B.A., and a B.A.B.Y."

* * *

Mr. Merrick dined alone one midday at Sardi's. At the next table an actor whom Merrick had fired a few days previously sat glaring at him. His luncheon consumed, Merrick told the waiter, "I believe I'll have a bit of cheese." The actor leaned over and hissed, "With crackers or in a trap?"

* * *

A big-game hunter came across a dinosaur in the middle of the jungle and stared at it in surprise.

"You're extinct," he said.

The dinosaur was hard of hearing. "What was that you said?"

The hunter shouted at the top of his voice, "You are extinct."

The dinosaur looked a little sheepish.

"So would you if you'd been dead for six million years."

* * *

One of the best-known criticisms of "Hamlet" appeared in "The London Standard." It concluded, "A debate has raged for many years as to whether William Shakespeare or Sir Francis Bacon actually wrote 'Hamlet'. After last night's performance it might be determined once and for all by digging up the two graves. The one who turned over during the night was the author."

* * *

At a beauty contest in Phoenix to select the year's new Miss Arizona, an entry from Flagstaff proved too skinny to appeal to one demanding Phoenix reporter. He wrote, "Miss Flagstaff looked like she was at half-mast."

* * *

When a dreadful English actress named April Something-or-other opened in a clinker that ran one consecutive performance, courtly Brooks Atkinson murmured, "Oh to be in England now that April's here."

* * *

A veteran ham was boasting of the performance he had given in his latest role. "I played the part of Sitting Bull," he told the lady love of the evening, "and was so convincing that six cows asked for my autograph."

* * *

Insurance salesman: "My greatest success was with a young housewife who wasn't adequately covered."

* * *

An indiganant judge fined a big lug a hundred-and-ten dollars for turning his wife into a punching bag. "The hundred dollar fine is justified," admitted the lug, "but why the extra ten-dollar bite?"

"That," said the judge, "is the amusement tax."

* * *

On a pert little redhead's third day as a nurse at the hospital, the house doctor entered a patient's room and asked, "Have you kept a chart on this man's progress?"

"No," she confessed with a faint blush, "But I can show you my diary."

* * *

He sat reading "Dracula" one night

When a fuse burnt and off went the light.

He cried in alarm,

"May I come to no harm."

And a voice said, "Your throat is so white."

Compiled by George Fegradoc

human interest story

"A FIGHTING COUPLE"

Shailaja Ganguly

"Determined to win"— both physically handicapped, Tutu and Theo Moniz look after mentally retarded boys

Last week, I heard Joey Lomangino, the blind business tycoon from U.S.A., infusing strength into his audience as he told them how important it was to keep on fighting, disclosing the secret of his success, he said, "I treat my blindness NOT as a handicap but as an inconvenience. . ." and my mind raced back to Tutu and Theo Moniz, both shining examples of this recipe of courage and confidence that Joey advocated.

Theo was two and a half when polio struck, leaving its callous, indelible stamp on the bubbling toddler. "But my mother made me feel as normal as possible. I had my share of household duties, I even cooked at times — besides I went to school in the 'goonda' area, Agar Bazar (he was educated at St. Anthony D'Silva High School and then at the Kirti College). So one had to be tough — perhaps it was this initial push that made me reach out confidently," he reminisced cheerfully.

A feature in the "Successful (Dis) Abled Persons International" narrates that when Theo heard the song "Anything you can do. I can do better" his editorial instincts (Theo has had a 14-year span in journalism) made him paraphrase it to "Anything an able-bodied person can do, I can do better. . ." and he has proved it.

He took training as a religious layman ("Laybrother") for a year and a half, and worked at the St. Francis College, Nagpur, he then joined the "Goan Tribune" as sub-editor and during the Goan freedom movement wrote for a bi-lingual weekly "The Voice of Goa", worked for a time at the Fellowship of the Physically Handicapped and for several years went "crashing around on his crutches" editing the "Indian Mining and Engineering Journal" where he began as a correspondent clerk, rose to be Business Manager in three months' time and was, within a year, the Executive Editor ("although I had no technical qualifications for the job"). It was in 1969 that he was secretary to Rev. Dr. A. J. Malin, expert on mental retardation, and helped him to organise the 2nd All-India Conference on Mental Retardation at Bombay. This introduction to the "forgotten" children led Tutu and Theo to take over the Haven School (a shelter for mentally retarded boys) on the retirement of the founder-director Theodora Selwyn.

Tutu and Theo Moniz, with their own children, Lalitha and Anil.

To describe Tutu — slight of build but sizzling with enthusiasm for her boys. Tutu's large eyes twinkle with that special bond shared suffering builds, every time they rest on her dynamic husband. Victim of a birth injury, Tutu has hemiplegia of the right side with a slight speech defect and a little difficulty in grasping objects with her right hand. Eldest of six children, Tutu comes from an affluent family ("I learnt to cook from Theo"). After doing her Cambridge, she took up Montessori training at Bangalore and then taught for six years till she moved to Secunderabad and then to Bombay. Here she did a course in telephone-operating and took up a post at the Fellowship of the Physically Handicapped where Theo walked into her life.

So it was wedding bells for Theo and Tutu. She "determined to win the battle" and lead a normal life and he was "confident that each handicapped person has it in him to make good provided he does not ask for special consideration." Theo believes "it does not matter how low you start, provided you don't plan to stay there."

The climb uphill in a hostile world could not have been easy, Tutu and Theo call themselves "a fighting couple" referring to their endless bickering, but we know that it is the fight in them that has got them where they are today. They have Lalitha (12) and Anil (9) — two normal, wonderful children AND a mega-family of 42 at the

Sewing class at the school — the present principal, Parul Sheth (left), pitches in.

Mrs. Moniz helps the boys in their handicraft.

Armed with this will power, Theo refused to let his crutches impede his progress ("I can even cut dresses," he smiled and Tutu piped in, "But he puts darts in the wrong places").

Haven to whom they are parent figures. Speaking of Lalitha and Anil, the proud parents beam, "We treat them like friends and communicate very freely — they are included in all our conversations. They treat the retarded at the Haven as normal and love them as their own."

About their work :

"We believe in giving the boys freedom to grow after defining the limits for them, if necessary, giving them a taste of Dr. Cane!" As Parul Sheth, an engaging young lady with a sunshine smile, who is presently principal at the Haven pointed out, these children are so used to an overflow of protection and indulgence from the family that they tend to play upon your sympathy. So they need adequate doses of firmness, too.

Being handicapped themselves, Tutu and Theo are well aware of the pitfalls of drowning in a morass of self-pity or constantly cringing for special treatment. So, with the able aid of an efficient staff (four teachers and a couple of helps) they are trying their

Aided by their children, Tutu and Theo have organised box-collections at various places in Bombay, but for such a magnanimous cause the money is never quite enough; Tutu is the main fund-raiser ("she can be stubborn as a mule in some matters," says Theo and admits he shies away when it comes to asking for a donation). At present the Haven houses boys up to 18. What happens next? was the question that prompted Tutu and Theo to dream of an institution for the "Adult Retarded", where there would be four separate buildings for boys, girls, men and women and innumerable opportunities for vocational training. 13,000 sq. yds have been acquired near Panvel and if finances are forthcoming the vision will take shape.

"All are handicapped. Some physically, some mentally and some emotionally; others are disabled financially, socially, culturally and spiritually. The measure of a man is found in the courage of his effort to achieve in the face of the struggle that confronts

ABOVE: The boys are encouraged to do useful work around the school.

RIGHT: One of the rewards — "Tutu's eyes went moist when she recalled how Vasant made her tie a 'rakhi' on his wrist and actually gave her a gift of Rs. 20."

---

est to make these boys independent. Lookng at the well, the paddling-pool, the kitchen sink, all fashioned by the boys themelves, it appears they are succeeding. As hey say, "To visitors we describe these ctivities by the high-sounding term: prevocational guidance; to Theo and the kids t is just one more way of having fun."

And the rewards are rich. Tutu's eyes vent moist when she recalled how Vasant nade her tie a "rakhi" on his wrist and ctually gave her a gift of Rs. 20! (He was t that time helping out in the kitchen and naking Rs. 40 a month.)

Tutu and Theo have also worked together or "Marriage Encounter", a club (it admits ouples from other religions also) whose aim s to thrash out all kinds of marital muddles nd make "good marriages better."

Future plans?

him," says David Brigham and, watching Tutu and Theo resolutely turn a blind eye to their bodily discomfort and spin sparkling plans for their "progeny," we cannot but wish them the very best, and come away feeling a rejuvenating rush of spirits gripping our tiny, complaining self.

QUIZ

HEGMAN

1. What do we know about the life of Jesus between the ages of 12 and 30?

2. Who was said to have suffered the "odium" of discovering sodium?

3. To date, there's only one instance of a Speaker of the Lok Sabha becoming a President. Who is or was he?

4. Who asserted that "all men are created equal"?

5. Who was the second husband of Napoleon's 1st wife?

6. What was Birbal's real name?

7. What is the common name for hydrated oxide of iron?

8. Which famous legendary Indian king is associated with the virtue of Truth?

9. What happens to the vast quantities of nitrogen breathed in?

10. Why is the level of the oceans rising?

11. Tagore's song-poem "Janaganamana" has five stanzas. Which stanza has been adopted as our national anthem?

12. Which country comes after China and India in the population list?

13. The full title of "Hamlet" is "Hamlet, Prince of Denmark." What is the full title of "Othello"?

14. What does zero G in space jargon mean?

15. What is doubled when you have Diplopia?

16. Narendernath Datta became famous later as a religious leader under a more famous name. What was the name?

17. Which famous character of fiction tilted at a windmill?

18. Which Indian actress made her Hindi film debut in "Julie"?

19. In which novel do pigs triumph?

ANSWERS

1. Nothing.
2. Sir Humphrey Davy.
3. President N. Sanjeeva Reddy.
4. Thomas Jefferson.
5. Napoleon!
6. Mahesh Das.
7. Rust.
8. Raja Harischandra.
9. Breathed out again!
10. The polar caps are slowly melting.
11. The 1st stanza.
12. Russia.
13. Othello, Moor of Venice.
14. Weightlessness.
15. Vision. It is the scientific term for double vision.
16. Swami Vivekananda.
17. Don Quixote.
18. Laxmi.
19. "Animal Farm."

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MIRROR

THE YEAR THAT WAS

N. Bharathi

Here's a round-up of who zoomed up and who sank down in 1977—a 'full' year for the filmstars

PARVEEN/VINOD

Colour Photograph: Harmeet Kathuria

RISHI KAPOOR

ZEENAT AMAN

It's been a regular see-saw with ups, downs, more ups and more downs. 1977 — the year of romances, break-ups and comebacks. . . 1977 — a full year as far as our filmwallas are concerned. . .

The year started with **Rekha** (who else?) making a feeble attempt at boycotting the press. Considering the fact that she's been thriving on a diet of publicity, publicity and more publicity, she predictably grew hungry and forgot all about the ban within days of making her resolution

In the gossip columns she featured along with Mr. Amitabh Bachchan and before the year was out, she's said to be back where she started. . . with Mr. Vinod Mehra!

On screen, Rekha did a better job this year than she has done before. Never mind if both "Alaap" and "Imaan Dharam" flopped miserably!

Zeenat Aman is working in the two most-awaited releases — "Satyam Shivam Sundaram" and "Shalimar". Her semi-nude scenes (highly publicised) in "S.S.S." and the kissing scene in "Shalimar" have, of course, aroused everybody's curiosity! While there have been rumours of Zeenat zooming up to Hollywood, on the personal front, she's been leading a tame life (how boring)!

Shashikala has taken to vamping. . . sorry, character acting, with a vengeance. Films like "Duniyadari" and "Dulhan Wohi Jo Piya Man Bhaye" leave you wondering whether it was worth her while to stage a comeback!

Reena Roy is moving up to the top bracket. The best thing about Reena is that she's a pleasure to work with — ask the heroes! **Shatrughan Sinha** is still sandwiched between two ladies (it's getting to be a habit with him). While Reena accompanies him to places where photographers click, Poonam stays put in Ramayan!

Parveen Babi did the wisest thing — she gave up Kabir Bedi and flew back to Bombay in time to sign up Manmohan Desai's "Suhaag" and "Desh Premee", besides Manoj Kumar's "Kranti". Producers who consider her to be more talented than a lot of other stars welcome the new Parveen. . . specially after her "Amar Akbar Anthony" turned out to be such a hit!

Kabir Bedi meanwhile had a reunion with Protima and the kids. . . How touching!

Manmohan Desai and **Basu Chatterjee** have been the biggest winners this year. Desai's "Dharam Veer", "Chacha Bhatija", "Amar Akbar Anthony" and "Parvarish" are big hits while Basu has been lucky with all his films including his attempt at a serious sort of movie—"Swami". **Jaya Chakravarty**, incidentally, has been more successful than daughter **Hema Malini** this year. "Swami" has bagged several awards at home and abroad besides running to full houses for more than 25 weeks!

Amjad Khan, who steered away from fights and controversies, had a whopping tiff with **Sanjeev Kumar**. But basically both men have been friendly for too long to turn into bitter enemies. Before the end of '77 one saw them in a bhai-bhai cling at the Ravi Tandon nite!

Yogita Bali shed her fat and formally divorced Kishore Kumar. Not that it has helped her career any!

Chintu Kapoor shook off the jinx on his career and had one hit following the other. Personally, he and Neetu are hitting it off very well. But professionaly, Chintu desperately needs younger looking teenagers... Any takers?

Neetu Singh, always a good actress but one who exercises bad judgements about the assignments which she signs indiscriminately, had a stroke of luck when Hema Malini walked out of "Shaan." In the wake of "Parvarish" she has several movies lined up with Amitabh Bachchan.

Bindu got a lot of attention when she was pregnant. (She denied her pregnancy to the press and passed off her big tummy for a paunch!) While Bindu plays hide 'n' seek on the phone, unconfirmed reports insist that she has had a miscarriage. . .

Zarina Wahab got herself a new boy friend and was lucky on the professional front too. A talented girl, Zarina's "Gharaonda" was well received at the box office. . . Watch out for this girl. She's sure to go places next year!

Jeetendra, who made an attempt at switching over to ser-

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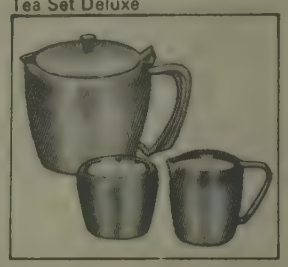

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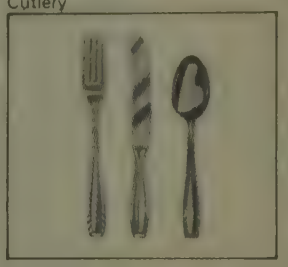

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A New Gleam Theme For Lips & Finger Tips

From **Maiden Kare**

ious roles, went back to being Jumping Jack Jeetu!

Amol Palekar, the mild boy next door, got involved in several controversies but emerged unscathed. . . Amol took a step forward by turning to independent direction!

Moushumi took a long overdue look at herself and decided it

Zarina Wahab

was high time she became serious about her career. . . Let's wait and see how this otherwise likeable person conducts herself in the new year!

O. P. Ralhan is steeped in serious work for his "Ashoka." Pray how will he manage to direct "Samson and Delilah" simultaneously?

Reena and Shatru

Raakhee is still clinging to the surname Gulzar. But she continues to live separately, which the film makers who need her desperately are happy about!

Sarika ditched Mithun and Mithun has got engaged to a non filmi girl this time!

Katy Mirza has moved into a new flat. . . She's also become flatter!

The Juhu Khans, brothers Feroz and Sanjay, have both taken to wooing the same heroine, Zeenat Aman, for "Kasak" and "Abdullah" respectively. . .

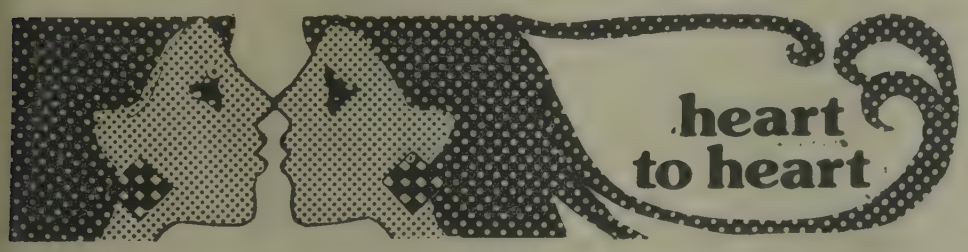
Finally for the love teams,

Basu Chatterjee

let's forget Dharam-Hema (yawn) and talk of fresher pairs. Neetu-Amit will be seen in the new year. So will Parveen-Amit.

Vinod Khanna, who all along acted either in insignificant side roles or in B-grade films as the hero, is at last coming into his own. After a role in "Amar Akbar Anthony" which did him no justice, Vinod woke up to take his scripts and roles more seriously. A string of hits like "Hatyara", "Parvarish" and "Inkaar" have helped him zoom to the top. In fact everybody now refers to him as the industry's next Super Star Now that Parveen Babi has also decided to take her career seriously, producers with choice roles are opting for her. Parveen has the talent, the looks and now her priorities in the right order, to do justice to the producers' faith in her. . .In the new year the **Vinod-Parveen** team will definitely be going places!

1977 ended with a bang. . . December 11 — the day when film stars went on a procession to collect funds for the cyclone victims — ended up with Dharmendra turning violent. Reportedly, a lady journalist, Devyani Chaubal, had to run for her life when an infuriated Dharam chased her. Another journalist, a male, ended up in hospital with a swollen face and stitches on the back of his head. . . courtesy Dharmendra.



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TALK IT OVER WITH HER

I have been married for 16 years, and barring some love play, we have had no sex life. My wife has been sick often and at times for long periods. About four years ago, she had an operation. Since then she is having some ailment or the other which incapacitates her from having sex.

I am a healthy man and I often feel I am losing a lot in life. Should I divorce her? I am a Catholic and our marriage has not been consummated, hence not valid.

It is surprising that you have waited for 16 long years. If the marriage has not been consummated, then you could speak to your parish priest and see if it is possible now to obtain an annulment from the Catholic court. You could then proceed to civil annulment, and if you do get it, you can remarry. There is no divorce granted to a Catholic by church law, only separation but that is of no use in your case.

However, before you take any steps, it would be proper to talk to your wife and see how she feels in the matter since you have been together for so long. Also you will have to settle things for her future in case you take any legal action.

GET TO KNOW THEM

I am deeply in love with a girl who is my relative. Whenever I go with my aunt to her house she does not talk to me, but walks away with a smile. There is another girl who is the sister of my best friend — she talks to me freely and says that she loves me deeply. What should I do?

If you are very friendly with your aunt, tell her of your feelings for this girl and ask her to find out the girl's feelings for you. If she shows interest, you could get to know her better by going out with her and your aunt or talking to her. Gradually she may become friendly you could then put a proposal through your aunt, if you are interested in her.

If there is a negative response from her, get to know more about this other girl. If she interests you, you could give it a thought. Maybe she will turn out to be a good partner and your love for her can grow too. In either case give yourself time to make up your mind

PARENTS OPPOSE MARRIAGE

I am a Hindu boy deeply in love with my first cousin. Our parents oppose our relationship very strongly. They are looking out for another boy for her. She wants to run away from home with me and commit suicide. I am not afraid of death bu I don't think this is proper. We will not be able to live without each other. What should we do?

If both of you are so deeply in love, you should make it clear to your parents that you will go ahead with this marriage come what way. If they force you to marry some other person, the consequences will be serious.

You and this girl must be able to take care of yourselves financially. It is important that both of you take up a job, and find a place of your own to live.

See if you can stay with some good friends or relatives or in a dharamshala temporarily. Then have a registered marriage. After this you can work out ways and means to have a comfortable and independent life. This will involve a lot of sacrifice, but true love will stand the toughest tests. So take courage and do not do anything drastic

"Daddy was right.
I am the most beautiful
girl in the world!"
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BORN TO PLAY NATASHA

Rinki Bhattacharya

Towards the late fifties, all the elaborate preliminaries of making Tolstoy's mammoth classic "War and Peace" into a mammoth film were complete. All except the selection of Natasha, the heroine. The making of this film was to be a most formidable challenge for film-maker Sergie Bonderchuk. Selecting the characters was even more challenging. It was no easy matter finding Prince Andrew, Pierre, or Natasha, the three main protagonists. Especially, Natasha.

Tolstoy's heroine Natasha Natalya Rostova was not just a person or a character. She represented a way of life, a social order, an entire world which had evaporated into the past. The search for Natasha, like M.G.M's search for Scarlet O'Hara of "Gone With The Wind," nearly turned a whole nation inside out. After impatiently turning down about 300 aspirants, one of Bonderchuk's assistants suddenly came across a girl of extraordinary loveliness in Moscow's renowned ballet school. She was no more than a chit of a girl, just as Tolstoy's Natasha was. The discovery of Lyudmilla Savelieva thus ended the countrywide search for Natasha Rostova.

Lyudmilla fitted the exacting part of this world-famous character to perfection. It was as if she was born to play Natasha. She was of the right age, the right proportion and her complexion and face were flawlessly created. Not unnaturally, the character of Natasha remains her most significant portrayal so far.

Even though it is ten years since "War and Peace" was released, she has not played another role of that magnitude. After all, Natasha is the most complete woman in literature. She is the archetype of universal womanhood.

Long before she was spotted for 'War and Peace," there had been film offers. Lyudmilla had turned all these down. "I had no plans of becoming an actress," she says.

But "War and Peace" made her one of the greatest actresses of the world. The glamour of showbiz, or the paramount recognition that she got after her very first film did not go to her head.

Asked if she was one of the top stars today in the U.S.S.R. she promptly replied: "I do not think of it that way."

She is a little hesitant about counting the number of films she has made or is making. She explained this charmingly: "I am not worried about the quantity of work. Like here! For me personally, it is the 'quality' which matters."

When Vittorio De Sica came to Moscow for the work of his film "Sunflower," Lyudmilla was shooting for 'Flight." After her shooting, as she came home one evening, her friends congratulated her. They said De Sica had selected her for the part of Mashsa, the Russian girl who shelters Italian soldiers, in "Sunflower." She had not even met De Sica! Things happened very quickly after that. And before she knew it she was working in "Sunflower." "In the beginning I was scared of the Italians! I had heard they are frivolous people, but I was wrong. The stars, Marcello Mastrioni and Sophia Loren, were excellent folks. Professional to the core, helpful, really wonderful to work with."

About De Sica, she was all admiration. He was one of the most wonderful persons she had ever met.

Lyudmilla has worked with two of the greatest directors in the world, Sergie Bonderchuk and Vittorio De Sica. These film-makers inspire a sort of creative activity in their work. They are meticulous creators and compel their artistes to give of their best. They inspire so much confidence in the artistes that there is no way they can be bad. One has only to see the films of De Sica and Bonderchuk to know this.

Among her screen characters, she particularly liked her work in Chekov's "Sea Gull." She played the innocent daughter of a retired actress, who is still living in a world of cruel delusions and never understands (nor tries to) her deeply sensitive daughter. Another complex role. With Lyudmilla's painstaking labour, she turned out yet another outstanding performance.

She is selective about her work, with good reasons. In contemporary literature she does not find any work of the literary stature of Shakespeare, Tolstoy, Gorky or Chekov. Thus she has played little in modern works. Though she is not at all prudish, mind you, and will gladly play in a spy thriller if it thrills her! As an actress, needless to say.

No human being can escape the inevitable cycle of age taking over youthful beauty. Ten years after "War and Peace," Lyudmilla is no more a chit of a girl. She is in fact the mother of a little girl whom she has fondly named "Natasha." But her eyes are still limpid pools, holding unspoken mystery in their depth. Her flawless complexion matches the lustre of her silk blouse. No make up hides her alabaster skin. Only her hair is a little too severely cut. But the naturalness of her beauty grows on the viewer.

Besides her natural charm, her candid comments and her ease, another thing about Lyudmilla strikes me as remarkable. She belongs to that rare generation of artistes which does not work for the temptations of success, or the glamour of the show world life. Success of such an artiste is not in terms of her personal gains. Success for them does not have a hard-core, material meaning. For these splendidly disciplined, honest artistes, their success was the fulfilment of a creative work, their success was in making a great ennobling work together. It was not, certainly, for petty, individual achievement or triumphs which they aspired. For them film-making or any performing art was a collective aspiration, an inspired team work.

Thus, like the tiny squirrel of the Ramayana, they believe in making their own meagre contribution in a mission of great magnitude. Nothing mean or meaningless will ever move them neither will they lower themselves in stooping to conquer.

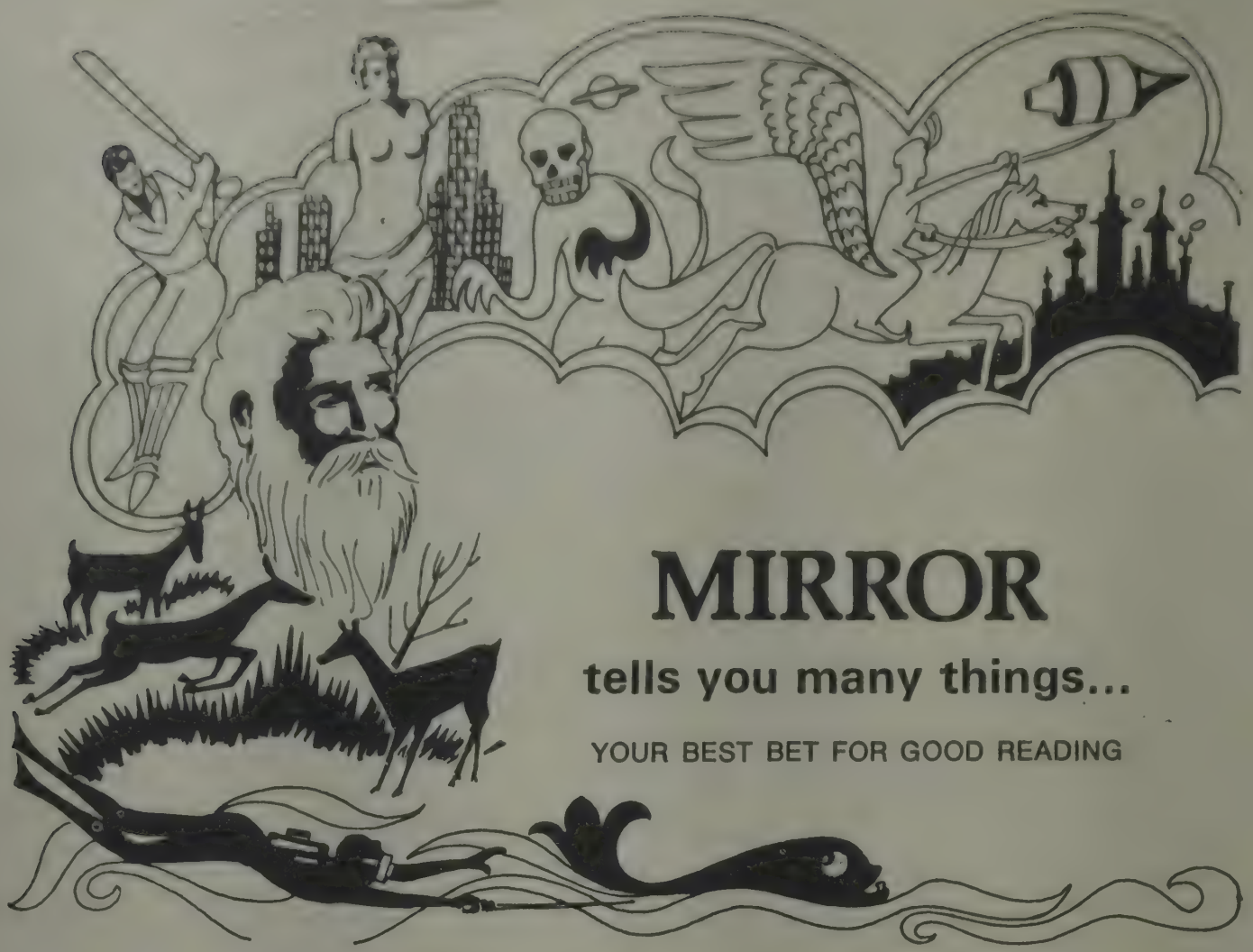
THE THREE SISTERS

Mallika, Indranie and Irangini, a singing trio from Sri Lanka, popularly known as The Three Sisters, were holidaying in Bombay some time back where they held a show at a local auditorium.

Although they have a penchant for English pop and folk music, their voices are better suited to Sinhalese and Tamil ditties. However, the enthusiastic sisters love to try their voices in various languages, including Hindi, with passable ease.

Mallika, the oldest of the group, sang playback in "Samaa" some 12 years back. Indranie, perhaps the most vivacious of the three is reputed to be very popular, while Irangini has been winning prizes for singing throughout her years at school.

Egging them on, encouraging them, with ample moral support, is their guide, mentor and father, Mr. Pereira, whose ambition now is to see his daughters hit the international pop charts—soon!



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BOOK REVIEWS

NUTRITIOUS RECIPES FOR VIGOROUS HEALTH by Duru Jagtiani. Publishers: Hind Pocket Books (P) Ltd., Delhi. Price: Rs. 6.

In recent years scientific research has thrown much new light on the nutritive value of food. Mrs. Duru Jagtiani, wife of Jetho Jagtiani who is a food technologist of international repute, aims at providing a brief survey of one aspect of this work in her book—what to eat, how much to eat and when to eat, besides preparation, processing and above all the cooking of food and its nutritive value. This expert shares her fund of knowledge and vast experience with you on balanced and nutritious diets at various stages of your life from childhood to old age. She also gives a series of recipes which are protein packed rich in vitamins and minerals; cereals, beans and nuts; dairy products; salads and raitas; soyabean and ragi recipes which are advantageous to one's health and life expectancy, to prevent weight and keep ill health at bay. The recipes are meant for the average Indian home where fancy gadgets are not in use and to make ordinary housewives understand the fundamentals of diet and nutrition.

THE LANDOUR Book Of International Recipes. Publishers: Vikas Publishing House Pvt. Ltd., New Delhi. Price: Rs. 9.50.

The sixth edition of the all-time favourite LANDOUR COOKBOOK exhaustively covers international recipes, tried and tested and easy to follow and which are, therefore, an asset to the housewife who loves to cook and serve a variety of delicious fare for all occasions. It also includes household hints and adds nutrition information and cooking methods most invaluable to novices who find certain cooking terms very confusing. LANDOUR COOKBOOK is an infallible guide to homemaking and entertaining for the modern housewife.

THEORY OF COOKERY by Mrs. K. Arora, LHCIMA Associate, University of London, Registered Instructor, HCITB(UK), Certificate in Advance Professional Cookery (UK), Chief Instructor, Head of the Cookery Dept., Institute of Hotel Management, Catering & Nutrition, Pusa, New Delhi. Publishers: Frank Bros & Co., Delhi.

This is a unique cookbook. It is primarily meant for home science students, hotel management courses, catering institutes, food science training centres, cookery courses or the catering trade, but it could be a great asset to a housewife devoted to cooking and the value of foods.

With 22 years' experience of teaching cookery, Mrs. Arora has concentrated on the theory of cooking with emphasis on Western cuisine. Special emphasis is laid on French cuisine and the book contains both French and Indian terminology. Though every aspect of cooking is detailed, there are sections on preparation of ingredients, spices and garnishes, menu planning and kitchen terms.

KASHMIRI COOKING by Krishna Prasad Dar. Publishers: Vikas Publishing House Pvt. Ltd., New Delhi. Price Rs. 10.

A genuine Kashmiri cookbook, that too written by an eminent personality, Mr. Krishna Prasad Dar. He is not only a gourmet-cook, but a well-known painter, an accomplished homeopath, a skilled photographer, a prize-winning gardener and a Padma Shri recipient.

The Kashmiri Pandits being great meat eaters—especially of young goat or chicken—their delicious **Kamargah, koftas, qalia, pasende, galavat ke kabab** and **rogan josh**, are mouth-watering indeed.

Kashmiri cuisine has imbibed some delectable elements of Mughal cooking, and this gives it a rich and distinct flavour.

The book is divided into seven sections offering a feast—non-vegetarian and vegetarian meals, desserts, bread, snacks, etc. Just one suggestion from the gourmet himself: "Please do justice to the cuisine—eat with your fingers!"

Vera Rikhye

GAYATRI DEVI: Not Just Mrs. Charan Singh

Continued from page 13

this way! I will pay him double now." I paid the rickshaw man and got into the car.

They did not let me go into my house, I spoke to my daughter at the gate and was taken to the Thana. The others had been brought there as well. At lunch-time they brought us some which was so bad I could not eat it. The **darogah** there was known to me. He said, "Mataji, I have a buffalo, can I get you some milk?" So I had a glass of milk. Later, I believe, he was reprimanded for this.

Finally we were charged with disturbing the peace and were taken to the jail at around 8.30 p.m. We missed our dinner that night. I slept in the women's jail hospital. In the morning I underwent a physical examination. At lunch-time the food was half-cooked and full of stones. Around two o'clock the Deputy Collector came and took me home without saying a word.

Q Did you attend any Assembly meetings during the Emergency?

A I attended the meetings but there were such few meetings. I could not speak. My party members wanted to write to Mrs. Gandhi to request her to release Chaudhri Sahib, but I said no. I am a hard woman in such matters. I said I will never plead with her.

Q The Janata party came with lots of promises which have not been fulfilled. How do you feel about this?

The Government is trying but things are difficult. Thirty years of mismanagement cannot be corrected overnight. When different people come together there are always disagreements.

Q What are your views on Mrs. Gandhi?

A She did this for her son and to retain her position. She should not have done this. There was no need to impose Emergency, there was no threat to the nation. She should have held talks with opposition leaders if she wanted to bring about changes. She put everyone in jail. Just the fact that her father went to jail does not make her a **desh sevika.**

Q What did you think of her in the beginning?

A Right from the beginning she was very cunning. First she proposed Sanjiva Reddy and then supported someone else. She began this kind of activity right from the beginning. She imposed Bahuguna in U.P. and then removed him. M.L.A.s had no dignity left, they were never consulted. All the orders came from Delhi.

Q Prices have been rising. What should be done about this?

A Ask the Government, I won't tell you. But prices have fallen lately. Vegetables have gone up because of the floods. These are all rumours that prices have gone up. They have not, not to such a great extent.

Q How do you feel as Home Minister's wife? Do you like Delhi?

A Now too many people come to see me. I do not go out much because I had this eye operation. Besides, buses are so difficult and Chaudhri Sahib does not give me the car. He says if I want to ride in a car, I should buy one car. But sometimes my daughters take me around.

Devi

A SORT OF EGO TRIP

The housewives of Byculla, Kalbadevi, were happy that they got rid of old brassiers, old petticoats, chappals when they dumped it all on the stars in the truck procession for the Andhra cyclone. Boys were busy counting their maiden bottom pinches when Dilip Kumar announced the collection as somewhere around one lakh. As I have always said, these star truck processions are more a sort of ego trip, where the stars fill their oxygen bags (footpath fans) in the protection of armed police. It would have been better had Dilip Kumar chosen to celebrate his 57th birthday in his home. But that would be so sedate and private. So though they wake up from the same bed, Saira had to come all the way to the Scout Hall and present him with a bunch of red roses and Dilip had to hug her again and again, till the last camera had trapped it all. Also the bouquet from Rajni Patel and then Dilip's buddy boys like Hangal, Madan Puri, Kanhaiyalal singing "Happy birthday to you." Then Dilip grumbles about us columnists going into his bedroom. It is he who carries the bedroom shots into outdoor shootings.

When I told Haji Mastan about Dilip's birthday a couple of days earlier, he reacted like he would have three years ago, if someone had told him about the loot on the way from Dubai to Bombay: "I will greet him at Bhendi Bazaar."

Sona, I suppose, is Mastan's pilot car. So she hugged and greeted Dilip Kumar, much earlier than Bhendi Bazaar. Sona has taken all the press publicity of her resemblance to Madhubala seriously and turned her face from me saying, "Likho kuch bhi likho." Anyway, for years Sona got developed in the dark as Madhubala's negative, but is better off as Mastan's delight. That's not all. The comedy of the year is Sohrab Modi casting her as tragedy queen Meena Kumari or Meena ki Amar Kahani. Ah yes, but then Madhubala's and Meena Kumari's kiss curls over the left forehead resembled each other.

people and events

At the Navy Queen Ball held in Bombay are seen the winners of the Navy Queen Contest sponsored by Toshiba Anand/Patanwala/ Femina. From left are Bakhtavar Mody, 2nd-runner up, Mrs. G. Bajaj, PRO, Toshiba Anand, Navy Queen Preeti Koppikar, Mr. G. L. Anand, MD, Toshiba Anand, Mrs. Ghandi, Parveen Bharucha, 1st runner-up and Mr. Patanwala. chairman, M/s. E. S. Patanwala.

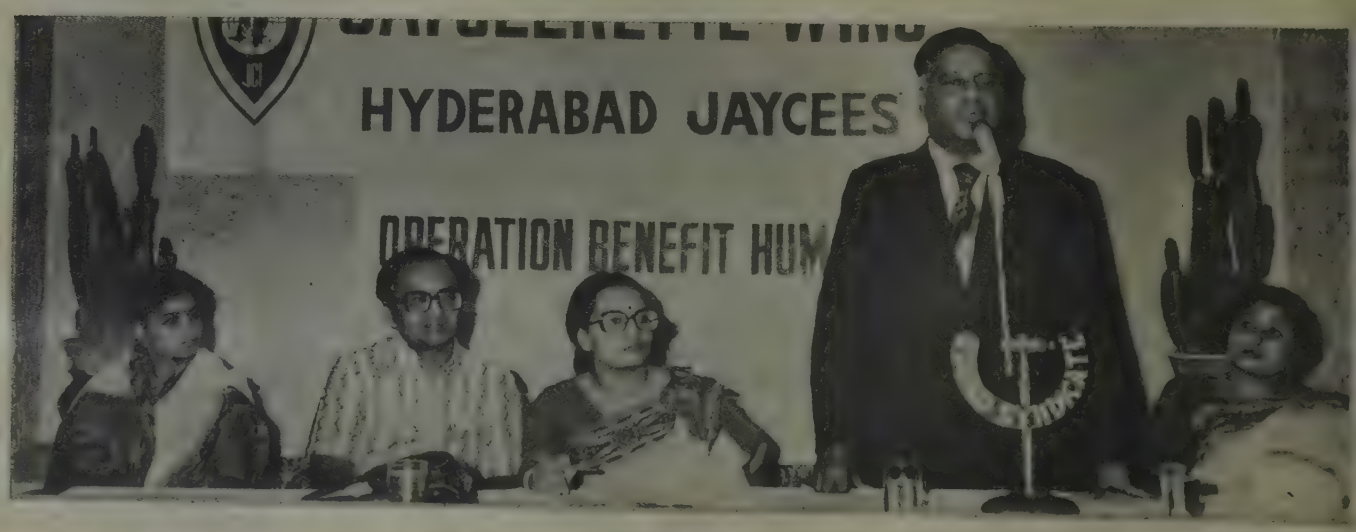
Mrs. Simone N. Tata, MD, Lakme Limited, talking to representatives of the press during their visit to the Lakme Factory on the occasion of Lakme's silver jubilee. The foreground shows a conveyor belt where lip salve is being packaged.

RIGHT: Maestro Ravi Shankar being greeted by Mrs. Lina Datt, guest relations executive Hotel Maurya, on his arrival in Delhi. Mr. Kanmal Malhotra, GM of the Hotel, is at extreme right.

BELOW: At a meeting of Hyderabad Jayceerettes, are, from left, past chairman Urmila Agarwal, pres. Dr. V. Bhargawa, chairman Urmila Bhargawa, chief guest Mr. M. V. Narayan Rao and sec. R. Alladin.

Mr. Lars-Eric Lindblad, famous explorer, inaugurating Hotel Mughal's 'Taj Bano' restaurant, in Agra. From left are Mrs. Gur Amrit Bhalla, asst. mgr., guest relations & public relations, Mr. Anil Bajaj sales mgr., Mr. H. Mohan, the Hotel's astrologer and Mr. C. S. Pantal, GM.

The Tamil Nadu C.M. Mr. M. G. Ramachandran presents the gold medal to Miss R. Radhika for the inter-school elocution competition held during the Rajaji centenary celebrations in Madras.



LEFT: At a cocktail party hosted in Calcutta by Mr. and Mrs. K. S. Oberoi of Oberoi International in connection with the golden jubilee of the T.S. Dufferin, are seen from left, Mrs. Savitri Annand, Mr. Wankawala, Captain J. C. Annand, Mr. K. S. Oberoi and Mrs. Oberoi.

bombay

A "Trade Fair" was inaugurated by Mrs. Nargis Dutt at the Institute of Hotel Management, Catering Technology & Applied Nutrition.

The Trade Fair, representing a wide range of consumer goods had an interesting array of unusual kitchen implements for sale.

The Nutrition Extension Van of the Institute demonstrated easy-to-make "nutritious snacks" and the Dietary Department had on exhibit special diets on diabetes, cardiac diseases, kidney diseases, peptic ulcer etc.

The Institute also had on display and sale delectable foods ranging from 'pao bhaji', 'channa bhatura', 'dahi kachori' to haute cuisine foods such as "Homard Thermidor", 'Poulet saute chasseur', "Galantine de poulet', 'Baba au rhum", etc. and an exotic repertoire of bakery products reflecting the skills of master craftsmen. Featured was a wide spectrum of convenience foods (jams, jellies, squashes. nectars, etc). Over 5000 people visited the Trade Fair and Open House.

* * *

The second National Multidisciplinary Symposium on Burns was held on December 21-22, 1977. Dr. N. H. Antia gave the welcome speech while Dr. S. J. Mehta gave the inaugural address. Bombay's Mayor Murli Deora presided.

In the first session a public education programme was conducted in which Dr. T. H. Rindani, Jt. Medical Director, Jaslok Research Centre, Mr. Salvi — Chief, Bombay Fire-Brigade, Mrs. Gulshan Ewing, Editor, Eve's Weekly Mr. Roger Periera of Shilpi Advertising, Dr. P. V. Thacker of Tata Industrial Services and Dr. Pritam Phatnani of Glaxo Laboratories spoke.

* * *

Lakme, the well-known house of cosmetics, recently celebrated its silver jubilee. To mark the occasion, representatives from the Press were invited to visit the factory, equipped with a R & D department at Deonar.

Speaking on the occasion, Mrs. Simone N. Tata, Managing Director, Lakme Limited, gave a resume of the inception and the growth of Lakme over the past 25 years. She said that in the early 1950s there was a paucity of quality cosmetics in the country. This was the reason Pandit Jawaharlal Nehru requested the Tata Organisation to enter this field.

Today Lakme products have found their way in the U.K., U.S.S.R., a number of countries in East and West Europe, in Africa and the Gulf, and several other places.

* * *

A six-day course in the "History of Indian Visual Arts" organised by Jehangir Art Gallery will be held at the Children's Creative Centre of the Prince of Wales Museum between January 9 and 14, 1978. This is the fifth in the series of Capsule Courses designed by the Gallery to promote appreciation of visual arts. The timings will be from 6.15 — 8 p.m. everyday.

Dr. Saryu Doshi, an eminent scholar, and Rajani Prasanna an art-history teacher, will talk on the highlights of Indian painting and sculpture respectively; Dr. P. J. Jamkhedkar, Director of Archeology, on the Art of the Prehistoric Age and Indus Valley Civilisation; S. S. Kadam, Dean of Sir J. J. School of Art, on the Doctrine of Rasa; R. S. Poredi, a leading architect, on the Environment and the Architect. The last talk in the series will be by Dr. L. B. Keny of Bombay University on the Evolution of Indian Culture and Visual Arts. The director of the course is Ram Chatterji, an art critic, who has conducted all the Gallery courses. The fee for the course is Rs. 30 only.

The Gallery has also announced a course in "Art Criticism", which will be held in the last week of February.

delhi

Hotel Oberoi International and Air France hosted a Wines and Cheese party to mark the inauguration of the French Food Festival at the hotel. The 5-day Festival at the hotel featured delectable French cuisine by M. Georges Aubrief, chef de cuisine of Hotel de Aigle Noir Fontainebleau and music by French artistes. Present at the party were Mr. Winckler, Ambassador of France, Mr. Teyssier, general manager Air France, many members of the diplomatic corps and Mr. M. S. Oberoi, chairman, Oberoi chain of hotels.

calcutta

In response to the appeal made by the Prime Minister, Mr. Morarji Desai, and the Chief Minister of West Bengal, the Ladies Study Group handed over a sum of Rs. 10,000 to Mr. Jyoti Basu for the distressed people of Andhra Pradesh. Mrs. Pushpa Kejriwal, president of the Ladies Study Group, presented the cheque on behalf of the organisation.

madras

To commemorate the 100th birthday of Mr. C. Rajagopalachari, the first Indian Governor General, Rajaji centenary celebrations were held in Madras. In the Inter High School and Inter Collegiate Elocution competitions held in connection with the celebrations practically all the first prizes went to girls. The Tamil Nadu chief minister Mr. M. G. Ramachandran presented the prizes to the winners.

hyderabad

At the Valedictory Meeting of the Jayceerettes wing of the Hyderabad Jaycees, the chief guest was Mr. M. V. Narayan Rao, Home-Secretary, Government of Andhra Pradesh.

Welcoming the gathering, chairman Urmila Bhargava gave a detailed report on the work done by the Jayceerettes under their programme "Operation Benefit Humanity."

Mr. M. V. Narayan Rao praised the outstanding work done by the Jayceerettes for the needy. He appealed to the Jaycees to come to the aid of the A. P. Government in helping the relief work of the cyclone-hit areas of the State.

allahabad

The 11th All India Short Play Competition and Theatre Seminar Multilingual—a Drama Competition—will be held from February 10 to 22, 1978 at Allahabad.

The Drama Competition is open to all and plays can be staged in any of the Indian languages.

Free lodging and subsidised board will be provided to all outstation teams, besides the usual railway concessions.

Gold, silver and bronze (depicting Natraj) Running Trophies along with cash prizes will be awarded to first, second and third best plays.

For further details contact Virendra Sharma, general secretary, Allahabad Natya Sangh, 22, Mahatma Gandhi Marg, Allhabad 211 001.

world of eve

ALKA NUPUR

Promising and gifted young Kathak dancer Alka Nupur is the recipient of the GOI Cultural scholarship. A student of Rani Karana, she recently did her **visharad (Nritya)** with distinction from the Bhatkande Sangeet Mahavidyalay in Lucknow.

A science graduate, Alka felt the urge to dance at a very tender age.

While in college, Alka was first in Kathak in the All-India Music and Dance competition.

Alka has acted in documentary films and telecasts regularly from Delhi TV. An attractive and charming dancer, Alka's dance costumes are highly appreciated by her viewers. She speaks chaste Urdu and has acted in many Urdu plays. Says she, "To me, my dance means everything — my happiness — my glory — my whole life."

LATHIKA PADALKAR

Lathika Padalkar is the first woman Director of Employment and Training in Tamil Nadu. Her self-confidence made her choose this male-dominated field.

Lathika has streamlined fool-proof methods both for selecting candidates for training through psychological aptitude tests, and for dispensing with her files, so as not to be behind schedule.

Her post being supervisory, the men under her were first uneasy at having a female boss, but her cooperation and understanding have resulted in them working ungrudgingly even for 16 hours at a stretch, as she discovered when there were floods in the State in 1976.

Lathika's 13 years in the IAS have made her equally efficient at home and at work. She has two children and her husband is usually out at sea.

Taking up a career is a very personal decision, according to Lathika. It depends on the intellectual and physical capacities of the woman. She has the right to decide whether she is happy staying at home or working. Of course, a job gives the satisfaction of bringing home additional income for the family.

hi ya honey!

Judge a man not by his, but by his wife's clothes

By An Alves called Johnnie

A husband, they say, is what remains of a lover when the nerve has been killed. And how true it is! It is hardly necessary for a husband to wear a ring round his finger to proclaim the fact that he is married. The rope round his neck, though invisible, can be seen yards away by an experienced eye, and if the married man thinks he can masquerade as a bachelor, he is only fooling himself. Young ladies don't need a sixth sense to know the presence of a married man. They can detect a wolf in sheep's clothing. In fact it is a very apt simile. The married wolf, always on the prowl, eyeing all females, suddenly becomes a sheep who goes about lying to all females that he is foot-loose and fancy-free.

That is why, honey, I pen these few words of advice on how to recognise husbands and understand their intentions. There are of course, among husbands the super-smart alecks who manage with their wiles and camouflage, to take innocent young girls up the garden path. Other husbands — the large majority — get the sympathy of females by using the time-old line: "My wife does not understand me." If you meet the wife, honey, you'll realise that she has in fact really understood him and seen through his game. That married man is a past-master in hiding that all-important piece of information — the fact that he is married. A wife proudly wears her marriage ring, often the reason is to show off her pearls or diamonds, depending on how much he is skinned. The husband either stores his ring at home or sells it. The bachelors, however, sometime wear king-size rings indicating that they are on the look-out for a queen.

You girls are fools. Any young thing having enough sense and knowledge to boil an egg can recognise a married man a mile off.

Watch a married man's clothes. They are a dead give-away, they give you an idea of the fashions of yesterday. They are either too tight or too loose. His suit even gives away his date of marriage, because generally that's the only one he has. His trousers are tight when the fashions have moved to bell-bottoms and they are bell-bottoms when they have moved to elephant flares.

A married man wears loose bush-coats to hide the bulging central provinces. The elastic of his socks have long ago stretched to the stage of never-return, and his shoes have been resoled twice over, with re-enforcements in vital places. In short a married man often looks as if he is dressed by his mother.

Look at the tie a man wears. If it's choking him, it is informing you loud and clear that he is a hen-pecked husband. If it's loose, in a great big knot, it indicates that he is making frantic efforts to be free.

A married man generally carries a diary with entries to remind him of the groceries he has to purchase, or the laundry he has to bring back. His wallet gives him away too. It's always too old and normally bulges, not with cash but memos, laundry receipts, cut-outs from old magazines etc.

If a young lady has a doubt about her paramour being married or not, all she has to do to confirm her doubts is to check on his cigarettes. A married man seldom smokes the foreign brands. The monthly allowance his wife permits him is not enough. He now smokes those that have length and strength, to remind him of his youth.

The married man gives himself away when he displays his handkerchief. If it's brown, it indicates that he is a married snuff addict, and if it's white, with tell-tale bits of pink, it will mean that his wife has washed her pink underwear along with the hanky.

But the clearest give-away is the married man's face. Gone is the glow of youth and passion, the cheery eyes and the enchanted smile. Instead, you'll find a face that brings forth a charitable smile of pity from the world's worst miser.

Until next time then.

HUSBANDS ARE SO OBVIOUS

next week

Eve's Weekly

ISSUE OF JANUARY 14

Focus on:

HEALTH AND FAMILY WELFARE

- **Rural health care — its neglect affects women and children the most. A critical look at where it stands today and concrete proposals for positive action.**
- **Family planning is voluntary, but necessary — has the programme been subjected to over-kill during the past year? How can it be revitalised?**
- **While most countries are recording new lows in the number of spastics, mentally retarded persons and blind persons, there are reports here of increased numbers of people affected by these handicaps. What is the reason for this and how can it be counteracted?**

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